

BEREAVEMENT/GRIEF

- Healing Hearts, Support groups for children, teens, adults, 30 Milestone Road, Danbury, CT 203.702.7400 <https://regionalthospicect.org/programs-services/healing-hearts-center-for-grieving-children-families/>
- Project Hope, PFCS, 1808 Route Six, Carmel, NY 10512. Contact Bonnie Soldano at 225-8995 or BSoldano@PFCSinc.org
- Bereavement Center Westchester, 670 Post Rd #213, Scarsdale, NY 10583, 914- 787-6158, <http://www.thebereavementcenter.org/griefchild.htm> Children's support groups in Mt. Kisco every other Thursday night.
<http://www.thebereavementcenter.org/programstree.htm>
- Hudson Valley Hospice, Poughkeepsie, NY. 845-473-2273, ext. 1145.
<http://hvhospice.org/services/grief-support-services>

CHEMICAL DEPENDENCY

- Alcoholics Anonymous (914) 949-1200, (212) 348-2644 (Spanish) www.nyintergroup.org Support for those struggling with alcohol abuse, Free English, Spanish spoken.
- Alanon (914) 946-1748, (800) 939-2770 (Spanish) www.ny-aa.org. Support for family members of alcoholics. Free. English, Spanish spoken
- Narcotics Anonymous (212) 929-6299, Free www.newyorkna.org/ Support for those struggling with drug abuse
- Arms Acres, 75 Seminary Hill Road, Carmel , NY 10512 (845) 225-5202, (800) 989-2672 www.armsacres.com Outpatient and inpatient treatment services for alcoholism and chemical dependency. In-patient and intensive out-patient after-school treatment for adolescents. Private insurance, Medicaid & sliding scale fee for the uninsured English and Spanish spoken
- National Council on Alcoholism and Other Drug Dependencies/Putnam, 1717 Route 6, Suite 201, Carmel, NY (845) 225-4646 <http://putnamncadd.org/> Provides education for the community and referral services for individuals/families, Free.

DENTAL CLINICS

- Family Dental Clinic-Brewster- (845)279-4999
- Westchester County Medical Center Dental Clinic-Valhalla (914) 493-5097

DEPARTMENT OF SOCIAL /SERVICES 110 Old Rte. 6 #2, Carmel, NY 845- 808-1500
<http://www.putnamcountyny.com/social-services>

DOMESTIC VIOLENCE

- Putnam Northern Westchester Women's Resource Center, 24 hotline and counseling for women and children re: domestic violence and sexual abuse. 845-628-9284 or Hotline- 628-2166

HUDSON VALLEY REGION INFORMATION AND REFFERAL (United Way). **Dial 211**

INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

- Putnam County Department of Mental Health, Developmental Disabilities Coordinator, help families connect with the New York State Office for People with Developmental Disabilities by providing information, referral and assistance with the eligibility application. Medley Broege, Developmental Disabilities Coordinator Putnam County Department of Mental Health 110 Old Route 6, Building 3 Carmel, NY 10512 845-808-1641 medley.broege@putnamcountyny.gov
- NYS OPWDD Taconic DDSO 1620 Route 22 Brewster, NY 10509 845-279-2905, Taconic 844-880-2151
- PARC (Putnam ARC) 31 International Boulevard Brewster, NY 10509 845-278-7272 www.putnamarc.org
- Hudson Valley Cerebral Palsy Association 40 Jon Barrett Road Patterson, NY 12563 845-878-9078
- Hudson Valley Community Services
Robin Hill Corporate Park Patterson, New York 12563(845) 878-9078 Fax: 878-3203 Howard Yager, Executive Director
- Careers for People with Disabilities, 401 Columbus Avenue, 2nd Floor Valhalla, NY (914) 741-8500

FAMILY SUPPORT

- CCSI, a partnership between family members and service providers designed to assist families whose children have *mental health* needs.
<http://www.putnamcountyny.com/wordpress/wp-content/uploads/2012/07/ccsibroch-kk-Rev-2013.pdf> Contact Dawn Mullins, C.C.S.I and S.P.O.A (Single Point of Access) Coordinator, at (845) 808-1600 x 46139
- CHADD- 845-704-2233 ADHD Support, Four Winds Hospital, 800 Cross River Road (Rte. 35), Katonah, NY Www.Chadd.Net/376

- Community Action Program (CAP), 121 Main St, Brewster, NY 10509. Counseling, information, food pantry, car seats for low income families. 845-278-8021.
- Mental Health Association, family advocacy and community resources, 845-278-7600
- Pegasus Program (support for children of alcohol/substance abusing parents), Carmel 845-808-1111 ext. 46126
- Putnam County Alcohol & Substance Abuse Services, Carmel, 845-225-6310
- Putnam Family Support and Advocacy, Carmel, 845-225-8995 Common Sense
- Common Sense Parenting, PFCS, Carmel, Bonnie Soldano, 845-225-2700 ext.184
- The Parenting Journey, PFCS, Carmel, Bonnie Soldano, 845-225-2700 ext.184

LEGAL ASSISTANCE

- Legal Services of Hudson Valley, 914-949-1305, or 1-877-574-8529 advice, legal representation, civil (not criminal) law, *BILINGUAL*
- Putnam County Legal Aid Society, Inc. 20 Fair Street, Carmel, NY (845)-225-8466

MENTAL HEALTH COUNSELING AGENCIES

- Carmel Psychological Associates, 667 Stoneleigh Ave Suite 202 Carmel, 845-279-5908, Accepts Medicaid
<http://carmelpsychologicalassociates.com/Resources.html>
 - 1940 Commerce Street Suite 300 Yorktown, NY, 914-245-0437
- The Center for Trauma Free Living, Carmel, 845-225-6704
- Center for Trauma Free Living, Carmel, 845-225-6704
- Putnam County Family & Community Services, Carmel, 845-225-2700, sliding scale
- Therapy Center –Bedford Hills, 914-242-0725, Brewster – 845-278-6799

MEDICAL –BILINGUAL

- Open Door Family Medical Center, 155 East Main Street, Brewster, NY 10509. Provides medical treatment, mental health assessments, with and without health insurance. Accepts Medicaid, private insurance and sliding scale fee. English and Spanish www.opendoormedical.org

PRIVATE PSYCHIATRISTS

- Dr. Antonio Blanco-Katonah-(914) 232-1266
- Dr. Bernard Jacobs-Mahopac-(845)628-9595- does not take insurance
- Dr. Kevin Kalikow-Mt. Kisco-(914)666-3000
- Dr. DeEvoli, Fishkill, (845)-897-0009

PRIVATE THERAPISTS

- Robin Bezark, LCSW, Brewster + Katonah-(914)232-8326
- Gary Edelstein, LCSW, Brewster-(845)629-2830-
- Shari Baron, PhD., Chappaqua, (914)762-2058
- Beth Raines, PhD., Goldens Bridge (914)232-1102
- Anthony Iacovelli, PhD., Somers, NY 516-279-3403 www.dranthoniacovelli.com

PROBATION

- Putnam County Probation Department, County Office Building, 40 Gleneida Avenue, Carmel, NY 845-808-1111. PINS petitions, order of protection, juvenile court diversion

PUTNAM INDEPENDENT LIVING SERVICES, Carmel 845-228-7457.

- Information and referrals to resources, advocacy for families with persons with disabilities.

YOUTH BUREAU, 110 Old Route Six - Building Three, Carmel, New York (845) 808-1600, EXT. 46120. Programs/services for youth and families, delinquency prevention programs. Support groups include Pegasus Program (children of alcohol/substance abusing parents)

YOUTH RESPITE/SHELTER

- Arbor House at Green Chimneys, 400 Doansburg Road, Box 719, Brewster, NY
HOTLINE 845-279-2588, 845-278-4486

LINKS TO MORE COMMUNITY RESOURCES

- <http://www.putnamcountycares.com/community-support-services/>
- <http://www.putnamcap.org/Pages/CommunityResourceGuide.html>
- http://www.mhaputnam.org/Pages/Resource_Guide/MHA_RG_V1.shtml

