

YEARS

First year | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22

**(During the years from birth to 3)**

Participate with early intervention services in your community.

Learn about the IFSP and the IEP process and feel empowered to participate.

Keep a record of your child's medical history.

Encourage your child to explore his/her environment.

**(By age 3-5, or according to developmental ability)**

Participate in the planning, development, and implementation of your child's IEP

Begin helping your child to interact with people in service provider roles

Access input from assistive technology team, if appropriate

Discuss emotions with your child

**(By age 6-11, or according to developmental ability)**

Help your child experience the community using travel training/orientation and mobility as appropriate

Help your child interact with people in the community

**(By age 12-15, or according to developmental ability)**

Begin to help your child keep a record of medical history, including conditions, treatments and medications

Consider family and child asset management

Begin to help your child identify

**(By ages 16-18, or according to developmental ability)**

Begin looking with your child for adult health care providers and financing

Address guardianship two months before 18<sup>th</sup> birthday. Child assumes adult rights and responsibilities at age 18 (age of majority)

Check for eligibility for SSI the month your child turns 18

**(By age 18 and through adult life)**

Act as a resource and support to your child

Finalize health care financing and transfer records with your child



# TRANSITION TIMELINE

- Allow your child opportunities for problem solving
- Discuss physical maturation and emotions with your child
- Help your child to participate in paid and no-paid work experiences
- Work together to provide opportunities for your child to develop time management skills
- Begin teaching your child about his/her special needs. Assess and build on your child's understanding of his/her special needs. Encourage your child to participate in support groups
- Attend transition fairs and roundtables to become educated on the transition process
- Help your child to make friends. Increase opportunities for social interactions. Help your child identify and be involved with peer role models
- Participate in your child's first person-centered planning before transition to preschool and review it annually. With your child begin transition planning as part of the IEP process
- Assign your child chores appropriate to ability level. Take your child to your place of work; start asking, "What do you want to be when you grow up?". Provide opportunities for your child to work in groups
- Use consistent daily routines to establish anticipation skills
- Offer your child choices. Encourage decision making by providing choices. Allow your child to experienced the natural consequences of behavior and choices
- Lean as much as possible about your child's special needs. Explore organizations that focus on your child's disability or syndrome
- Play with your child in a variety of ways related to his/her preferences. Expose you child to a variety of leisure activities. Encourage and facilitate your child's involvement in hobbies, recreation and leisure activities
- Communicate with your child using auditory, visual and tactile cues. Work together to develop a system of communication which may include the use of AT devices. Increase the number of communication partners

FAMILY AND SCHOOL

SUPPORT AND SERVICES

Early Intervention	Preschool	Local School District/Special Education/504 accommodations/Extended school year
Supplemental Security Income (SSI) based on eligibility		APPLY SSI based on individuals assets
Medicare card if on DSPD waiver or based on family eligibility		Medicaid medical card based on individuals assets
Establish ongoing contact with the Division of Services for People with Disabilities (DSPD) Family Support/Respite/Supported Living/Residential/Supported Employment/Day Programs		
APPLY FOR CHIP (Children's Health Insurance Program) watch for open enrollment		
		Explore eligibility Vocational Rehabilitation

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