

PTSD LESSON PLAN FORM
 Week of: October 7-11, 2019

TEACHER: Yackovich		SUBJECT: Health 7 th grade	
M O N D A Y	<u>Objective(s):</u>		
	<u>Activity(ies):</u>		
	<u>Informal/Formal Assessment:</u>		
	<u>Homework:</u>		
T U E S D A Y	<u>Objective(s):</u> Students will discover the 6 nutrients, identify foods and how much of each nutrient we need each day, & what the nutrients do for our bodies.		
	<u>Activity(ies):</u> Students will conduct research from their text book and online to complete a note taking guide.		
	<u>Informal/Formal Assessment:</u> completed note guide		
	<u>Homework:</u>		
W E D N E S D A Y	<u>Objective(s):</u>		
	<u>Activity(ies):</u>		
	<u>Informal/Formal Assessment:</u>		
	<u>Homework:</u>		
T H U R S D A Y	<u>Objective(s):</u> Students will be able to plan a nutritionally sound meal by become Top Chefs		
	<u>Activity(ies):</u> Students will create slides containing the steps to create a nutritionally sound meal.		
	<u>Informal/Formal Assessment:</u> Completed slides.		
	<u>Homework:</u> Pictures/video of meal prep for BONUS.		
F R I D A Y	<u>Objective(s):</u>		
	<u>Activity(ies):</u>		
	<u>Informal/Formal Assessment:</u>		
	<u>Homework:</u>		