**PTSD LESSON PLAN FORM**

Week of: September 23-27, 2019

| | **TEACHER:** Yackovich **SUBJECT:** Health 7th grade |
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| MONDAY | **Physical Education Class** |
| TUESDAY | Objective(s): Students will discover nutrition facts.<br><br>Activity(ies): Students will listen to Registered Dietician on various nutrition topics<br><br>Informal/Formal Assessment: active listening, participation and completed questions.<br><br>Homework: |
| WEDNESDAY | **Phys. Ed. Class today** |
| THURSDAY | Objective(s): Students will discover and explain nutrition facts.<br><br>Activity(ies): Students will complete a study on “The Elite Ate” nutrient handout and game bracket.<br><br>Informal/Formal Assessment: completed nutrient guide, begin work on a study guide..<br><br>Homework: |
| FRIDAY | **Physical Education Class** |