PTSD LESSON PLAN FORM Week of: September 23-27, 2019

	TEACHER: Yackovich SUBJECT: Physical Education 6, 7 & 8
	Objective(s): Students will perform student led warm ups, and begin a unit on
M	ultimate frisbee.
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N	Activity(ies): Warm ups, jogging and review rules for flag football and ultimate
D	Frisbee.
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Y	Informal/Formal Assessment: Active participation during warm ups, and ultimate
	Frisbee.
	Homework:
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	Health Classes Today
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E	Objective(s) : Students will perform student led warm ups, and play ultimate Frisbee.
D N	Activity(ics). Warm ung jagging and game of ultimate frighes
E	Activity(ies): Warm ups, jogging, and game of ultimate frisbee.
S	<u>Informal/Formal Assessment</u> : Active participation during warm ups, ultimate
D	Frisbee game
Α	Homework:
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_	Objective(s) : Students will perform student led warm ups, and play ultimate Frisbee.
F	Activity(ice). Many upg ingging and game of ultimate follows
R I	Activity(ies): Warm ups, jogging, and game of ultimate frisbee.
D	Informal/Formal Assessment: Active participation during warm ups, ultimate
A	Frisbee game.
Y	Homework:
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