

Physical Education Procedures



Your grade will be based on:

1. DRESS
2. EFFORT
3. PARTICIPATION
4. ATTITUDE

P.E. dress code:

Approved phys. ed. clothes consist of: white t-shirt, athletic shorts in accordance with the school dress code, socks and athletic shoes. "Hoodies" and sweatpants may be worn when necessary, however the white t-shirt must be worn under the "hoodie".

NO jewelry is to be worn during class time!!!

NO, chewing gum during class!!!

Each student will start the grading quarters with 100 points. Points will be deducted from your score as follows:

-5 EACH DAY FOR:

- ***NO DRESS** (for the first three), -10 thereafter and Parents will be notified!
- ***LACK OF PARTICIPATION**
- ***INAPPROPRIATE PARTICIPATION**

**ALL STUDENTS
ARE EXPECTED TO TRY THEIR BEST DURING ALL ACTIVITIES**

A DOCTOR'S EXCUSE IS THE ONLY EXCEPTION. If you are on a doctor's excuse you will complete Physical Education worksheets (You will be sent to the library to complete the worksheets) or have your activities modified according to your doctor's instructions.

If you have a note from home, you **MUST** change into your phys. ed. clothes, and your activity will be modified. As per school policy, a note from home will only be accepted 3 times.

Health Class Procedures



EVALUATION will be based on:

1. Class participation
2. Homework
3. Tests/quizzes
4. Projects

1. You are expected to be prepared for class, this includes:

- o Bringing your own writing implement and all necessary class work.
- o All homework will be due the next class meeting and will be graded.
- o You will need a folder to stay organized and you must bring it to each class.
- o All electronics will be placed in the hanging holder as you walk into the classroom. You will pick them up at the end of class.

2. Not being prepared for class or following school rules will result in:

- o 1st offense – warning
- o 2nd offense – lunch detention
- o 3rd offense – 2 lunch detentions + a call home.

3. Late work will be accepted with a loss of points. All late work is due by the end of the chapter/unit of study, if the work is not turned in by the last day of the unit, it will remain a zero.

4. Lesson plans will be posted every Friday through PTSD web site, under teacher lesson plans.

If you have any questions or concerns please contact the Physical Education Department: 724-744-4431

Miss. Greenlee: greenleej@penntrafford.org

Mrs. Yackovich: yackovichd@penntrafford.org

Please return this page only with signatures!

My student and I have read and understand the Health/Physical Education Policy for Penn Middle School for the school year of 2019-2020 (This is a homework assignment worth **10 points.**)

Sign and return this form for the next day of class!

Print Student Name: _____

Student Signature: _____

Print Parent Name: _____

Parent Signature: _____