PTSD LESSON PLAN FORM
Week of: February 24-28, 2020

	TEACHER: Yackovich **SUBJECT:** Health 6th grade
MONDAY	**Physical Education Class**
TUESDAY	**Objective(s):** You will identify risks and learn how to DECIDE. **Activity(ies):** You will work in pairs to complete the study guide and DECIDE individually. **Informal/Formal Assessment:** completed guide and DECIDE **Homework:**
WEDNESDAY	**Physical Education Class**
THURSDAY	**Objective(s):** You will demonstrate how to DECIDE. **Activity(ies):** You will DECIDE and begin identifying STRESS. **Informal/Formal Assessment:** completed DECIDE, begin identifying stressors. **Homework:**
FRIDAY	**Physical Education Class**