

PTSD LESSON PLAN FORM
Week of: September 30-October 4, 2019

| | TEACHER: Yackovich | SUBJECT: Physical Education 6, 7 & 8 |
|--|--|---|
| M O N D A Y | <p><u>Objective(s):</u> Students will begin a unit on Spikeball.</p> <p><u>Activity(ies):</u> Warm ups, demonstration and practice Spikeball.</p> <p><u>Informal/Formal Assessment:</u> Active participation during warm ups and Spikeball.</p> <p><u>Homework:</u></p> | |
| T U E S D A Y | <p><u>Objective(s):</u></p> <p><u>Activity(ies):</u></p> <p><u>Informal/Formal Assessment:</u></p> <p><u>Homework:</u></p> | |
| W E D N E S D A Y | <p><u>Objective(s):</u> Students will perform jogging laps, and play Spikeball.</p> <p><u>Activity(ies):</u> Warm ups, jogging, and practice game of Spikeball.</p> <p><u>Informal/Formal Assessment:</u> Active participation during warm ups and spikeball game</p> <p><u>Homework:</u></p> | |
| T H U R S D A Y | <p>8th GRADE ONLY</p> | |
| T H U R S D A Y | <p><u>Objective(s):</u> Students will perform jogging laps, and play Spikeball.</p> <p><u>Activity(ies):</u> Warm ups, jogging, combine with other class to play a game of Spikeball</p> <p><u>Informal/Formal Assessment:</u> Active participation during warm ups and Spikeball game</p> <p><u>Homework:</u></p> | |
| F R I D A Y | <p>8th GRADE HEALTH</p> | |
| F R I D A Y | <p><u>Objective(s):</u> Students will perform jogging laps, and play Spikeball.</p> <p><u>Activity(ies):</u> Warm ups, jogging, combine with other class to play a game of Spikeball</p> <p><u>Informal/Formal Assessment:</u> Active participation during warm ups and Spikeball game</p> <p><u>Homework:</u></p> | |

| | |
|--|--|
| | |
|--|--|