

PTSD LESSON PLAN FORM
 Week of: November 18-22, 2019

TEACHER: Yackovich		SUBJECT: 6 th grade Health	
M O N D A Y	<u>Objective(s):</u> <u>Activity(ies):</u> <u>Informal/Formal Assessment:</u> <u>Homework:</u>		
T U E S D A Y	<u>Objective(s):</u> Students will identify the dangers of stress. <u>Activity(ies):</u> Using the text book to identify what stress is, what distress can do to the body and how to manage stress. <u>Informal/Formal Assessment:</u> Completed worksheets. <u>Homework:</u>		
W E D N S D A Y	<u>Objective(s):</u> <u>Activity(ies):</u> <u>Informal/Formal Assessment:</u> <u>Homework:</u>		
T H U R S D A Y	<u>Objective(s):</u> Students will identify the dangers of stress. <u>Activity(ies):</u> Using the text book to identify what stress is, what distress can do to the body and how to manage stress. <u>Informal/Formal Assessment:</u> Completed worksheets. <u>Homework:</u>		
F R I D A Y	<u>Objective(s):</u> <u>Activity(ies):</u> <u>Informal/Formal Assessment:</u> <u>Homework:</u>		