**PTSD LESSON PLAN FORM**
**Week of: September 16-20, 2019**

| | **TEACHER: Yackovich** **SUBJECT: Physical Education 6, 7 & 8** |
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| **MONDAY** | **Objective(s):** Students will perform student led warm ups, and begin a unit on ultimate frisbee.<br><br>**Activity(ies):** Warm ups, jogging and review rules for flag football and ultimate Frisbee.<br><br>**Informal/Formal Assessment:** Active participation during warm ups, and ultimate Frisbee.<br><br>**Homework:** |
| **TUESDAY** | **Health Classes Grade 6 &7**<br><br>**Objective(s):** Students will perform student led warm ups, and play ultimate Frisbee.<br><br>**Activity(ies):** Warm ups, jogging, and game of ultimate frisbee.<br><br>**Informal/Formal Assessment:** Active participation during warm ups, ultimate Frisbee game<br>**Homework:** |
| **WEDNESDAY** | **6th and 8th grade have Health class.**<br>**Objective(s):** Students will perform student led warm ups, and play ultimate Frisbee.<br><br>**Activity(ies):** Warm ups, jogging, and game of ultimate frisbee.<br><br>**Informal/Formal Assessment:** Active participation during warm ups, ultimate Frisbee game<br>**Homework:** |
| **THURSDAY** | **Health Classes Today** |
| **FRIDAY** | **Objective(s):** Students will perform student led warm ups, and play ultimate Frisbee.<br><br>**Activity(ies):** Warm ups, jogging, and game of ultimate frisbee.<br><br>**Informal/Formal Assessment:** Active participation during warm ups, ultimate Frisbee game.<br>**Homework:** |