

PTSD LESSON PLAN FORM
Week of: September 16-20, 2019

	TEACHER: Yackovich SUBJECT: Health 7 th grade
M O N D A Y	<p><u>Objective(s):</u> Students will discover nutrition facts.</p> <p><u>Activity(ies):</u> Students will listen to Registered Dietician on various nutrition topics</p> <p><u>Informal/Formal Assessment:</u> active listening, participation and completed questions.</p> <p><u>Homework</u></p>
T U E S D A Y	<p><u>Phys. Ed. Class today</u></p>
W E D N E S D A Y	<p><u>Phys. Ed. Class today</u></p>
T H U R S D A Y	<p><u>Objective(s):</u> You will discover “The Elite Ate”.</p> <p><u>Activity(ies):</u> You will fill out a “Nutrition Bracket” with the “Elite Ate” nutrients and justify why each nutrient either won or lost.</p> <p><u>Informal/Formal Assessment:</u> Completed “The Elite Ate” nutrition bracket.</p> <p><u>Homework:</u></p>
F R I D A Y	<p><u>Phys. Ed. Class today</u></p>