

**PTSD LESSON PLAN FORM**

Week of: March 2-6, 2020

	<b>TEACHER:</b> Yackovich	<b>SUBJECT:</b> Health 7 <sup>th</sup> grade
M O N D A Y	<u>Objective(s):</u> <u>Activity(ies):</u> <u>Informal/Formal Assessment:</u> <u>Homework:</u>	
T U E S D A Y	<u>Objective(s):</u> Students will discover the 6 nutrients, identify foods and how much of each nutrient we need each day, & what the nutrients do for our bodies. <u>Activity(ies):</u> Students will conduct research from their text book and online to complete a note taking guide. <u>Informal/Formal Assessment:</u> completed note guide <u>Homework:</u>	
W E D N E S D A Y	<u>Objective(s):</u> <u>Activity(ies):</u> <u>Informal/Formal Assessment:</u> <u>Homework:</u>	
T H U R S D A Y	<u>Objective(s):</u> Students will be able to plan a nutritionally sound meal by become Top Chefs <u>Activity(ies):</u> Students will create slides containing the steps to create a nutritionally sound meal. <u>Informal/Formal Assessment:</u> Completed slides. <u>Homework:</u> Pictures/video of meal prep for BONUS.	
F R I D A Y	<u>Objective(s):</u> <u>Activity(ies):</u> <u>Informal/Formal Assessment:</u> <u>Homework:</u>	