PTSD LESSON PLAN FORM
Week of: January 27-31, 2020

	TEACHER: Yackovich **SUBJECT:** Health 6th grade
MONDAY	**NO School** **Objective(s):** **Activity(ies):** **Informal/Formal Assessment:** **Homework:**
TUESDAY	**Objective(s):** You will discover the meaning/components of wellness and your personal level of wellness **Activity(ies):** You will complete "My Health Triangle" in Google classroom **Informal/Formal Assessment:** completed questions, and icon triangle. **Homework:** Complete the questions and icon triangle due Monday February 3, @ 8:00AM
WEDNESDAY	**Physical Education Class**
THURSDAY	**Objective(s):** You will host the Project Alert Series Speaker. **Activity(ies):** Youwill actively listen to and participate in the Project Alert Discussion. **Informal/Formal Assessment:** active participation in the class discussion/ lesson/activities. **Homework:**
FRIDAY	**Physical Education Class**