



THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Pre-K August 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student Meal Prices NO CHARGE (1 Breakfast/1 Lunch) 2nd Meal Prices Breakfast: \$2.00 Lunch: \$3.50</p>	<p>Visitor Meal Prices Breakfast \$3.50 Lunch \$4.50</p>			
<p>6 Welcome Back to School Cheeseburger w/ Lettuce & Tomato Green Beans Baby Carrot Sticks Fruit Choice Cinnamon Roll & 100% Fruit Juice</p>	<p>7 Vegetable Soup Grilled Cheese Sandwich Garden Salad Power Punch Juice Fruit Choice Kellogg's Poptart & Fresh Fruit</p>	<p>8 Teriyaki Meatballs w/ Rice English Peas Sunset Sip Juice Fruit Choice Cinn. Toast Crunch Cereal & Fresh Fruit</p>	<p>9 Beef & Cheese Nachos Nacho Bar (lettuce/salsa/sour cream) Refried Beans Fruit Choice Sausage Biscuit & 100% Fruit Juice</p>	<p>10 Crispy Chicken Sandwich w/ lettuce & tomato Tater Tots Fresh Veggie Cup w/dip Italian Ice Treat Trix Strawberry Yogurt w/Granola & Fruit</p>
<p>13 Popcorn Chicken Basket w/ Toast French Fries Carrots & Celery Sticks Fruit Choice Pancake Pup & 100% Fruit Juice</p>	<p>14 Chicken Alfredo Garlic Bread Stick Steamed Broccoli Seasoned Carrots Fruit Choice Kellogg's Poptarts & Fresh Fruit</p>	<p>15 Steak Nuggets Cornbread Creamy Potatoes w/ gravy Blackeyed Peas Fruit Choice Blueberry Mini Cereal & Fresh Fruit</p>	<p>16 Cheese Pizza Garden Salad Corn Fruit Choice Chicken Biscuit & 100% Fruit Juice</p>	<p>17 Fish Sandwich Potato Smiles Dragon Punch Blue Raz Lemonade <i>"July & August Birthday Celebration"</i> Breakfast Pizza & Fresh Fruit</p>
<p>20 Little Smokies Mac-N-Cheese Lima Beans Corn Fruit Choice Cinnamon Roll & 100% Fruit Juice</p>	<p>21 Breakfast for Lunch French Toast Sausage Links Hashbrowns Bites Calypso Crush Juice Fruit Choice Ham & Cheese Croissant & Fresh Fruit</p>	<p>22 Chicken & Rice Broccoli & Cheese Tropical Twist Juice Banana Pudding Toasty O's Cereal & Fresh Fruit</p>	<p>23 Spaghetti Garlic Bread Stick Garden Salad Fruit Choice Sausage Biscuit & 100% Fruit Juice</p>	<p>24 BBQ Sandwich Baked Beans Cucumber Slices w/ Dip Fruit Choice Trix Triple Cherry Yogurt w/Granola & Fruit</p>
<p>27 Sloppy Joe Green Beans Baby Carrot Sticks Fruit Choice Pancake Pup & 100% Fruit Juice</p>	<p>28 Chicken Noodle Soup Grilled Cheese Sandwich Garden Salad Power Punch Juice Fruit Choice Steak Biscuit & Fresh Fruit</p>	<p>29 Cheeseburger Mac w/ Toast English Peas Sunset Sip Juice Fruit Choice Strawberry Mini Cereal & Fresh Fruit</p>	<p>30 Beef & CheeseTacos Taco Bar (lettuce/salsa/sour cream) Black Beans Fruit Choice Chicken Biscuit & 100% Fruit Juice</p>	<p>31 Crispy Chicken Sandwich w/ lettuce & tomato Tater Tots Fresh Veggie Cup w/dip Italian Ice Treat Cini-Minis w/ Fresh Fruit</p>



