



THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Pre-K February 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1 Chicken Sandwich Chips Green Beans/Juice Fruit options Manager's Choice Breakfast Pastries</p>	<p>2 Cheeseburger Lettuce/Tomato French Fries Fruit options Cini-Minis</p>
<p>5 Chicken & Rice Black-eyed Peas Seasoned Carrots Fruit options Pancake Pup</p>	<p>6 Sliced Turkey Roast Dinner Roll Sweet Potatoes Lima Beans Fruit options Chicken Biscuit</p>	<p>7 BBQ Sandwich Baked Beans Corn Fruit options Cereal options</p>	<p>8 Popcorn Chicken Basket w/Toast Honey Mustard French Fries Veggie Sticks Fruit options Sausage Biscuit</p>	<p>9 Sloppy Joe Chips English Peas Juice Fruit options Cinnamon Roll</p>
<p>12 Vegetable Soup Grilled Cheese Sandwich Lima Beans Fruit options Breakfast Muffin</p>	<p>13 Pizza Garden Salad Corn Fruit options Strawberry Poptart</p>	<p>14 Hamburger French Fries Green Beans Red Frozen Fruit Treat Cereal options</p>	<p>15 STUDENT HOLIDAY</p>	<p>16 STUDENT HOLIDAY</p>
<p>19 HOLIDAY</p>	<p>20 Teriyaki Chicken w/ Rice English Peas Power Punch Fruit options Chicken Biscuit</p>	<p>21 Popcorn Chicken w/ Toast Honey Mustard Sauce Tater Tots Veggies w/dip Fruit options Cereal options</p>	<p>22 Beef and Cheese Nachos Lettuce/Salsa/S. Cream Refried Beans Fruit options Breakfast Pastry</p>	<p>23 February Birthday Celebration Spaghetti w/ Meatballs Breadstick Garden Salad Corn on the Cob Fruit options Blueberry/Mini Waffles</p>
<p>26 Chicken Alfredo Breadstick Green Beans Seasoned Carrots Fruit options Pancake Pup</p>	<p>27 French Toast Sticks Scrambled Eggs Hash rounds Calypso Crush Juice Fruit options Steak Biscuit</p>	<p>28 Chili Cheese Fries Garden Salad w/ Saltines Fruit options Cereal options</p>		

ALL meals are served with fruit and milk options. Breakfast is served with fresh fruit, fruit juice, and milk options.

