





THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Elementary School May 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BBQ Sandwich Baked Beans Corn Fruit options Chicken Biscuit OR Pop tart	2 Meatloaf Mac & Cheese Lima Beans Veggie option Fruit options Cereal options	3 Sloppy Joe Sandwich Chips & Dip Sunset Sip Juice Fruit options Sausage Biscuit OR Breakfast Pastry	4 Mexican Fajita Chicken w/ Cheese Rice Peas & Carrots Fruit options Cinnamon Roll OR Yogurt w/ Granola
	7 Beef & Gravy Mashed Potatoes Peas Fruit options Muffin OR Cereal Bar	8 Beef Soft Tacos Lettuce/Salsa/Sour Cream Fiesta Corn Fruit options Sausage Biscuit OR Pop tart	9 Spaghetti Garden Salad Corn Fruit options Cereal options	10 Popcorn Chicken Bites Toast French Fries Veggie Sticks w/ dip Fruit options Steak Biscuit OR Strawberry Pop tart
14 3rd Field Day Pizza Garden Salad Corn Fruit Juice Yogurt w/ granola OR Cereal Bar	15 3rd Field Day Hamburger Tater Tots Green Beans Fruit options Chicken Biscuit OR Pop tart	16 Chicken & Rice Black-eyed Peas Seasoned Carrots Fruit options Cereal options	17 5th Field Day Turkey Sandwich Lettuce/Tomato Mac & Cheese Dragon Punch Fruit options Sausage Biscuit OR Breakfast Pastry	18 5th Field Day Chicken Sandwich Chips & Dip Veggie Sticks Sunset Sip Juice Fruit options Breakfast Pizza OR Cini-Minis
21 4th Field Day Cheeseburger French Fries Power Punch Juice Fruit options Pancake Pup OR Cereal Bar	22 4th Field Day BBQ Sandwich Baked Beans Corn Fruit options Sausage Biscuit OR Pop tart	23 Teriyaki Meatballs w/ Rice Rice Peas Seasoned Carrots Fruit options Cereal options	24 Chicken Sandwich w/ Lettuce/Tomato Green Beans Fruit options Manager's Choice	25 Last Day of School Final Field Day PBJ & Chips w/ dip Sunset Sip Juice Fruit options  Manager's Choice

Grab-N-Go Lunch options offered daily

Grab-N-Go options will not be offered on Field Days

Garden Salad Meals and Sandwich Meals offered daily

Garden Salad Meal options include: meat, cheese, crackers, fruit, and milk option

Sandwich Meal options include: PBJ Uncrustable (Mon. & Fri.), A variety of fresh sandwiches and wraps (Tues., Wed., Thurs.)

All sandwich, croissant, OR wrap options are served with chips, fruit, vegetable, and milk options!

ALL meals are served with fruit and milk options. Breakfast is served with fresh fruit, juice, and milk options.



