



THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Elementary School February 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Sandwich Chips Coleslaw Juice	2 Cheeseburger French Fries Green Beans Fruit Juice
			Sausage Biscuit OR Managers Choice	Breakfast Pizza OR Cini-Minis
5 Chicken & Rice Black-eyed Peas Seasoned Carrots Fruit options	6 Country Fried Steak Dinner Roll Potatoes & gravy English Peas Fruit options	7 BBQ Sandwich Baked Beans Corn Fruit options	8 Popcorn Chicken Basket w/Toast Honey Mustard French Fries Veggie Sticks Fruit options	9 Sloppy Joe Chips & dip Juice Fresh Fruit
Pancake Pup OR Cereal Bar	Chicken Biscuit OR Pop tart	Cereal options	Sausage Biscuit OR Breakfast Pastry	Cinnamon Roll OR Yogurt w/ Granola
12 Vegetable Soup Grilled Cheese Sandwich Lima Beans Fruit options	13 Pizza Garden Salad Corn Fruit options	14 Chicken Sandwich French Fries Green Beans Fruit options	15 STUDENT HOLIDAY	16 STUDENT HOLIDAY
Cinnamon Roll OR Cinnamon Toast Bar	Steak Biscuit OR Strawberry Pop tart	Cereal options		
19 HOLIDAY	20 Teriyaki Meatballs w/ Rice English Peas Power Punch Fruit options	21 Popcorn Chicken Basket w/Toast Honey Mustard Tater Tots Veggie Sticks Fruit options	22 Beef and Cheese Nachos Lettuce/Salsa/S. Cream Refried Beans Fruit options	23 February Birthday Celebration Spaghetti w/ Meatballs Breadstick Garden Salad Corn on the Cob Fruit options
	Chicken Biscuit OR Pop tart	Cereal options	Sausage Biscuit OR Breakfast Pastry	Cinn. Bagel-fuls OR BlueberryMini Waffles
26 Chili Cheese Fries Garden Salad w/ Saltines Fruit options	27 Chicken Alfredo Breadstick Green Beans Seasoned Carrots Fruit options	28 French Toast Sticks Scrambled Eggs Hash rounds Calypso Crush Juice Fruit options		
Pancake Pup OR Cereal Bar	Steak Biscuit OR Strawberry Pop tart	Cereal options		

Grab-N-Go Lunch options offered daily

Garden Salad Meals and Sandwich Meals offered daily

Garden Salad Meal options include: meat, cheese, crackers, fruit, and milk option

Sandwich Meal options include: PBJ Uncrustable (Mon. & Fri.), A variety of fresh sandwiches and wraps (Tues., Wed., Thurs.)

All sandwich, croissant, OR wrap options are served with chips, fruit, vegetable, and milk options!

ALL meals are served with fruit and milk options. Breakfast is served with fresh fruit, juice, and milk options.



