



THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Elementary School March 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Sandwich Chips & Dip Sunset Sip Juice Fruit options	2 Fajita Chicken w/ Mexican Rice Peas & Carrots/ Corn Fruit Juice
			Sausage Biscuit OR Manager's Choice	Breakfast Pizza OR Cini-Minis

Celebrating National School Breakfast Week

5 Chicken & Rice Black-eyed Peas Seasoned Carrots Fruit options	6 Sliced Turkey Roast Mac-N-Cheese Sweet Potatoes Lima Beans Fruit options	7 BBQ Sandwich Baked Beans Corn Fruit options	8 Popcorn Chicken Basket w/Toast Honey Mustard French Fries Veggie Sticks Fruit options	9 Sloppy Joe Chips English Peas Juice Fruit options
Pancake Pup OR Cereal Bar	Chicken Biscuit OR Pop tart	Cereal options	Sausage Biscuit OR Breakfast Pastry	Cinnamon Roll OR Yogurt w/ Granola
12 STUDENT HOLIDAY	13 STUDENT HOLIDAY	14 Vegetable Soup Grilled Cheese Sandwich Lima Beans Fruit options	15 Fajita Soft Taco Lettuce/Salsa/Cheese/Sour Cream Corn Fruit options	16 Chicken Sandwich French Fries Green Beans Fruit options
		Cereal options	Steak Biscuit OR Strawberry Pop tart	Cinn. Bagel-fuls OR Blueberry Mini-Waffles
19 Cheeseburger French Fries Green Beans Fruit Juice	20 First Day of Spring Teriyaki Meatballs w/ Rice English Peas Power Punch Fruit options	21 Hotdog French Fries Veggies w/dip Fruit options	22 Beef and Cheese Nachos Lettuce/Salsa/S. Cream Refried Beans Fruit options	23 March Birthday Celebration Spaghetti w/ Meatballs Breadstick Garden Salad Corn on the Cob Fruit options
Yogurt w/ granola OR Cereal Bar	Chicken Biscuit OR Pop tart	Cereal options	Sausage Biscuit OR Breakfast Pastry	Breakfast Pizza OR Cini-Minis
26 Chili Cheese Fries Garden Salad w/ Saltines Fruit options	27 Chicken Alfredo Breadstick Green Beans Seasoned Carrots Fruit options	28 Breakfast for Lunch French Toast Sticks Scrambled Eggs Hash rounds Calypso Crush Juice Fruit options	29 Popcorn Chicken Basket w/Toast Honey Mustard French Fries Veggie Sticks Fruit options	30 BBQ Sandwich French Fries Green Beans Fruit Juice
Pancake Pup OR Cereal Bar	Steak Biscuit OR Strawberry Pop tart	Cereal options	Sausage Biscuit OR Manager's Choice	Breakfast Pizza OR Cini-Minis

Grab-N-Go Lunch options offered daily

Garden Salad Meals and Sandwich Meals offered daily

Garden Salad Meal options include: meat, cheese, crackers, fruit, and milk option

Sandwich Meal options include: PBJ Uncrustable (Mon. & Fri.), A variety of fresh sandwiches and wraps (Tues., Wed., Thurs.)

All sandwich, croissant, OR wrap options are served with chips, fruit, vegetable, and milk options!

ALL meals are served with fruit and milk options. Breakfast is served with fresh fruit, juice, and milk options.



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