








# THOMASTON-UPSON SCHOOL NUTRITION



## Upson-Lee Primary School February 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b>Chicken Sandwich</b> Chips Green Beans/Juice Fruit options Manager's Choice Breakfast Pastries	2 <b>Cheeseburger</b> Lettuce/Tomato French Fries Fruit options Breakfast Pizza OR Cini-Minis
5 <b>Chicken &amp; Rice</b> Black-eyed Peas Seasoned Carrots Fruit options Pancake Pup OR Cereal Bar	6 <b>Sliced Turkey Roast</b> Dinner Roll Sweet Potatoes Lima Beans Fruit options Chicken Biscuit OR Pop tart	7 <b>BBQ Sandwich</b> Baked Beans Corn Fruit options Cereal options	8 <b>Popcorn Chicken w/Toast</b> Honey Mustard French Fries Veggie Sticks Fruit options Sausage Biscuit OR Breakfast Pastry	9 <b>Sloppy Joe</b> Chips English Peas Juice Fruit options Cinnamon Roll OR Yogurt w/ Granola
12 <b>Vegetable Soup</b> Grilled Cheese Sandwich Lima Beans Fruit options Breakfast Muffin OR Cinnamon Toast Bar	13 <b>Pizza</b> Garden Salad Corn Fruit options Steak Biscuit OR Strawberry Pop tart	14 <b>Hamburger</b> French Fries Green Beans Red Frozen Fruit Treat <i>Happy Valentine's Day</i> Cereal options	15 <b>STUDENT HOLIDAY</b>	16 <b>STUDENT HOLIDAY</b>
19 <b>HOLIDAY</b>	20 <b>Teriyaki Chicken</b> w/ Rice English Peas Power Punch Fruit options Chicken Biscuit OR Pop tart	21 <b>Popcorn Chicken w/ Toast</b> w/ Honey Mustard Tater Tots Veggies w/dip Fruit options Cereal options	22 <b>Beef and Cheese Nachos</b> Lettuce/Salsa/S. Cream Refried Beans Fruit options Sausage Biscuit OR Breakfast Pastry	23 February Birthday Celebration <b>Spaghetti w/ Meatballs</b> Breadstick Garden Salad Corn on the Cob Fruit options Cinn. Bagel-fuls OR Blueberry/Mini Waffles 
26 <b>Chicken Alfredo</b> Breadstick Green Beans Seasoned Carrots Fruit options Pancake Pup OR Cereal Bar	27 <b>French Toast Sticks</b> Scrambled Eggs Hash rounds Calypso Crush Juice Fruit options Steak Biscuit OR Strawberry Pop tart	28 <b>Chili Cheese Fries</b> Garden Salad w/ Saltines Fruit options Cereal options		

### Our Grab-N-Go Lunch Line is offered daily

<b>PBJ Uncrustable Sandwich</b> Chips OR Garden Salad Entrée includes Meat/Cheese/Crackers	<b>Turkey or Ham &amp; Cheese Sandwich</b> Chips OR Garden Salad Entrée includes Meat/Cheese/Crackers	<b>PBJ Uncrustable Sandwich</b> Chips OR Garden Salad Entrée includes Meat/Cheese/Crackers	<b>Turkey or Ham &amp; Cheese Wrap</b> Chips OR Garden Salad Entrée includes Meat/Cheese/Crackers	<b>PBJ Uncrustable Sandwich</b> Chips OR Garden Salad Entrée includes Meat/Cheese/Crackers
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*All sandwich, croissant, OR wrap options are served with chips, fruit, vegetable, and milk options!*

*ALL meals are served with fruit and milk options. Breakfast is served with fresh fruit, fruit juice, and milk options.*



