



THOMASTON-UPSON SCHOOL NUTRITION



June 2018 Summer Feeding Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 PBJ Sandwich Sunchips Mini Carrots Fruit Choice	5 Chicken Sandwich Pork & Beans Fresh Fruit Cookie	6 Chicken Wrap Tortilla Chips Salsa Fruit Juice	7 Hamburger Cheetos Whole Kernel Corn Fresh Fruit	8 Ham & Cheese Sandwich Broccoli Bites w/ ranch dip Fruit Juice Rice Krispy Treat
11 PBJ Sandwich Sunchips Mini Carrots Fruit Choice	12 Chicken Sandwich Pork & Beans Fresh Fruit Cookie	13 Flatbread Sandwich Cool Ranch Doritos Sunset Sip Juice Fruit Choice	14 Hot Dog Cheetos Whole Kernel Corn Fresh Fruit	15 Ham & Cheese Sandwich Broccoli Bites w/ ranch dip Fruit Juice Rice Krispy Treat
18 PBJ Sandwich Sunchips Mini Carrots Fruit Choice	19 Chicken Sandwich Pork & Beans Fresh Fruit Cookie	20 Chicken Wrap Tortilla Chips Salsa Fruit Juice	21 Hamburger Cheetos Whole Kernel Corn Fresh Fruit	22 Ham & Cheese Sandwich Broccoli Bites w/ ranch dip Fruit Juice Rice Krispy Treat
25 PBJ Sandwich Sunchips Mini Carrots Fruit Choice	26 Chicken Sandwich Pork & Beans Fresh Fruit Cookie	27 Flatbread Sandwich Cool Ranch Doritos Sunset Sip Juice Fruit Choice	28 Hot Dog Cheetos Whole Kernel Corn Fresh Fruit	29 Ham & Cheese Sandwich Broccoli Bites w/ ranch dip Fruit Juice Rice Krispy Treat

July 2018 Summer Feeding Lunch

2 HOLIDAY	3 HOLIDAY	4 HOLIDAY	5 HOLIDAY	6 HOLIDAY
9 PBJ Sandwich Sunchips Mini Carrots Fruit Choice	10 Chicken Sandwich Pork & Beans Fresh Fruit Cookie	11 Chicken Wrap Tortilla Chips Salsa Fruit Juice	12 Hamburger Cheetos Whole Kernel Corn Fresh Fruit	13 Ham & Cheese Sandwich Broccoli Bites w/ ranch dip Fruit Juice Rice Krispy Treat
16 PBJ Sandwich Sunchips Mini Carrots Fruit Choice	17 Chicken Sandwich Pork & Beans Fresh Fruit Cookie	18 Flatbread Sandwich Cool Ranch Doritos Sunset Sip Juice Fruit Choice	19 Hot Dog Cheetos Whole Kernel Corn Fresh Fruit	20 Ham & Cheese Sandwich Broccoli Bites w/ ranch dip Fruit Juice Rice Krispy Treat
23 PBJ Sandwich Sunchips Mini Carrots Fruit Choice	24 Chicken Sandwich Pork & Beans Fresh Fruit Cookie	25 Chicken Wrap Tortilla Chips Salsa Fruit Juice	26 Hamburger Cheetos Whole Kernel Corn Fresh Fruit	27 Ham & Cheese Sandwich Broccoli Bites w/ ranch dip Fruit Juice Rice Krispy Treat

Summer Feeding Breakfast Menu

Cinnamon Poptarts OR Strawberry Poptarts Fruit/Juice	*Ham & Cheese English Muffin	*Sausage Biscuit OR	*Chicken Biscuit	Cereal OR Cereal Bars Cheesestick Fruit/Juice
	OR Honey Bun Fruit/Juice	OR PBJ Bar Fruit/Juice	OR Apple Frudel/Cinnamon Roll Fruit/Juice	

**Hot Breakfast options offered only at the school sites*



Back to School on August 6, 2018



All meals are served with milk options and snacks are served with milk or juice options. "This institution is an equal opportunity provider."