



THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Alternative School March 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Knights Table Line				
			1 Personal Pan Pizza Garden Salad Juice Cinnamon Roll	2 Catfish Strips Golden Hushpuppies French Fries Green Beans Poptart w/ Cheese Stick
5 Beef and Cheese Nachos w/ Nacho Bar Refried Beans Whole Kernel Corn Chicken Biscuit	6 Tater Tot Casserole Roll Steamed Broccoli Seasoned Carrots Apple Frudel	7 Country Fried Steak Fresh Baked Roll Creamy Potatoes w/gravy Black-eyed Peas Steak Biscuit	8 Chicken Nugget Basket w/ Garlic Toast Tater Tots Veggie Sticks Breakfast Donut	9 BBQ Sandwich Chips Baked Beans Coleslaw Cereal Options
Celebrating National School Breakfast Week March 5th-9th				
12 STUDENT HOLIDAY	13 STUDENT HOLIDAY	14 Chicken Sandwich French Fries/Lettuce & Tomato Veggie Choice Cereal Bar Options	15 Personal Pan Pizza Garden Salad Juice Cinnamon Roll	16 Catfish Strips Golden Hushpuppies French Fries/Green Beans Poptart w/Cheese Stick
19 Sloppy Joe French Fries Whole Kernel Corn Chicken Biscuit	20 First Day of Spring Creamy Chicken Alfredo Garlic Bread Stick Steamed Broccoli Seasoned Carrots Sausage Biscuit	21 Country Fried Steak Fresh Baked Roll Creamy Potatoes w/gravy Black-eyed Peas Steak Biscuit	22 Chicken Nugget Basket w/ Garlic Toast Tater Tots Veggie Sticks Breakfast Donut	23 BBQ Sandwich Chips Baked Beans Coleslaw Cereal Options
26 Personal Pan Pizza Garden Salad Juice Chicken Biscuit	27 Cheeseburger Tater Tots/Lettuce & Tomato English Peas Apple Frudel	28 Chicken Sandwich French Fries/Lettuce & Tomato Veggie Choice Cereal Bar Options	29 Philly Cheese Steak Sandwich Tater Tots Peppers & Onions Cinnamon Roll	30 Spaghetti w/ Meatballs Breadstick Garden Salad/ Corn Poptart w/Cheese Stick

All lunch meals are served with fruit, vegetable, and milk options!

"This institution is an equal opportunity provider."

