

THOMASTON-UPSON SCHOOL NUTRITION

Upson-Lee Alternative School September 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Knight's Table Line				
3 	4 Pizza Garden Salad Veggie Choice Fruit Choice	5 Crispy Chicken Sandwich French Fries Veggie Choice Fruit Choice	6 Chili Cheese Hotdog Chips Garden Salad Sunset Sip Juice	7 BBQ Sandwich Chips Baked Beans Coleslaw
10 Beef and Cheese Nachos w/ Nacho Bar Refried Beans Whole Kernel Corn	11 Cheeseburger Tater Tots Veggie Choice	12 Country Fried Steak Fresh Baked Roll Creamy Potatoes w/gravy Lima Beans	13 Spaghetti w/ Meatballs Garlic Stick Garden Salad Corn 	14 Fish Sandwich Emoji Fries Coleslaw Baked Beans
17 	18 Chicken Parmesan Breadstick Green Beans Seasoned Carrots	19 Spicy Chicken Tenders Garlic Toast Sweet Potato Fries Fresh Veggie w/ranch dip	20 Teriyaki Chicken w/ Rice Peppers & Onions English Peas	21 BBQ Sandwich Chips Baked Beans Coleslaw
24 Sloppy Joe French Fires Whole Kernel Corn	25 Creamy Chicken Alfredo Garlic Bread Stick Steamed Broccoli Roasted Carrots	26 Country Fried Steak Fresh Baked Roll Creamy Potatoes w/gravy Lima Beans	27 Pizza Garden Salad Veggie Choice Fruit Choice	28 Fish Sandwich Emoji Fries Coleslaw Baked Beans

All lunch meals are served with fruit, vegetable, and milk options!

