



THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Middle School March 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Knights Table Line				
			1 Chicken Philly Cheese Sub Tater Tots Peppers & Onions	2 Chicken Nugget Basket w/ Toast Honey Mustard Sauce French Fries Sunset Sip Juice
Celebrating National School Breakfast Week				
5 Sloppy Joe Tater Tots Whole Kernel Corn	6 Vegetable Soup Cheesy Cornbread Sunset Sip Juice	7 Spicy Chicken Sandwich French Fries Lettuce/Tomato Steamed Broccoli	8 Meatball Sub Chips Peppers & Onions English Peas	9 Chicken Pot Pie Biscuit Green Beans Corn
12 STUDENT HOLIDAY	13 STUDENT HOLIDAY	14 Cheeseburger w/ Lettuce & Tomato French Fries Baked Beans	15 Creamy Chicken Alfredo Breadstick Side Salad Seasoned Carrots	16 Country Fried Steak Roll Creamy Potatoes w/ gravy Black-eyed Peas
19 Tater Tot Casserole Dinner Roll Collards Seasoned Carrots	20 First Day of Spring Chicken & Rice Fresh Baked Roll Black-eyed Peas Seasoned Carrots 	21 Turkey Roast w/ Gravy Roll Creamy Potatoes Green Beans	22 Chicken Philly Cheese Sub Tater Tots Peppers & Onions	23 Chicken Nugget Basket w/ Honey Mustard French Fries Veggie Sticks
26 BBQ Sandwich French Fries Whole Kernel Corn	27 Vegetable Soup Cheesy Cornbread Veggie Sticks Sunset Sip Juice	28 Chicken Sandwich French Fries Lettuce/Tomato Steamed Broccoli	29 Hot Dog Chili Garden Salad	30 Chicken Pot Pie Biscuit Green Beans Corn
UL International Line				
Stuffed Cheese Sticks w/marinara Garden Salad Whole Kernel Corn	Spaghetti w/ Meatballs Garlic Stick Garden Salad	Beef & Cheese Nachos Nacho Bar Refried Beans	Baked Potato Bar w/ Chili & Cheese Garden Salad	Pizza Garden Salad Corn on the Cob
Knights-way Grab-n-Go Deli				
<u>A VARIETY OF FRESH OPTIONS OFFERED DAILY FROM OUR GRAB-N-GO DELI</u> Garden Salad meals offered daily w/ Meat & Cheese options Sandwich meals offered daily: PBJ Sandwich w/cheese stick (Tues. & Thurs ONLY) OR Turkey & Cheese Sub or Wraps (Mon. Wed. & Fri.) All deli options are served with crackers and/or chips.				
All lunch meals are served with fruit, vegetable, and milk options!				
<i>"This institution is an equal opportunity provider."</i>				

