




THOMASTON-UPSON SCHOOL NUTRITION



Upson-Lee Pre-K May 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Vegetable Beef Soup Cornbread Sunset Sip Juice Fruit options	2 BBQ Sandwich Baked Beans Corn Fruit options	3 Popcorn Chicken w/ toast Honey Mustard French Fries Veggie Sticks Fruit options	4 Super Hero Day Teriyaki Chicken w/ Rice Peas Power Punch Frozen Fruit Treat
	Chicken Biscuit	Cereal options	Breakfast Pastry	Breakfast Pizza
7 Chicken Sandwich Chips Green Beans/Juice Fruit options	8 Cheeseburger Lettuce/Tomato French Fries Fruit options	9 Hot dog Chips Slaw Fruit options	10 Pizza Garden Salad Corn Fruit options	11 Sloppy Joe  French Fries Green Beans Frozen Fruit Treat
Trix Yogurt w/ granola	Sausage Biscuit	Cereal options	Strawberry Pop tart	Breakfast Muffin
14 Tater Tot Casserole Roll Collards Carrot Coins Fruit options	15 Turkey w/ Gravy Mashed Potatoes English peas Fresh Baked Roll Fruit options	16 Chicken Bites W/ roll Honey mustard French Fries Green Beans Fruit options	17 Beef and Cheese Nachos Lettuce/Salsa/S. Cream Refried Beans Fruit options	18 Spaghetti w/ Meatballs Breadstick Garden Salad Corn Frozen Fruit Treat
Pancake Pup	Chicken Biscuit	Cereal options	Breakfast Pastry	Blueberry Mini Waffles
21 Chicken Alfredo Breadstick Green Beans Seasoned Carrots Fruit options	22 Popcorn Chicken w/ Toast Honey Mustard French Fries Veggie Sticks Fruit options	23 Cheeseburger Lettuce/Tomato Chips Broccoli w/ Cheese Frozen Fruit Treat	24 SUPER SACK DAY Ham and Cheese Sandwich Chips Juice Fruit	25 Last Day of School SUPER SACK DAY PBJ Sandwich  Chips Juice Fruit
Cereal Bar	Sausage Cheese Croissant	Manager's Choice	Manager's Choice	Manager's Choice

ALL meals are served with fruit and milk options. Breakfast is served with fresh fruit, fruit juice, and milk options.

