

## Clark Public Schools

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Dear Parents/Guardians,

With the coronavirus on many of our minds, we, as a school district, wanted to let you know that we have a Pandemic Committee in place. This committee updates our contingency plans for any possible outbreaks on an annual basis. These plans include what we would do to keep our students safe and educate them remotely if need be. In the very unfortunate case that the Centers for Disease Control and Prevention (CDC) declares a pandemic or raises the risk level for our area, the Pandemic Committee would meet to adjust our plans in order to satisfy the specific concerns presented to us at that time. Based on the guidance that we have received from the New Jersey Department of Education and the CDC, we, in our area, are at a low risk level at this current time, and our current plans are sufficient. As usual, we will continue to monitor the associated progress. We are also working with the Township Health Department, and below is a link to information that they have asked us to share. In addition, there is another link to a reminder of good health practices during a more typical flu season. We have been in communication with Pritchard Industries, the company that is responsible for our custodial services, so that their daily and nightly cleaning is done with even extra diligence. We are also, as per the recommendation from the Township Health Department, discontinuing the use of our water fountains for the time being. As a result, students should bring water with them each day so that they can remain hydrated. In terms of travel, the New Jersey Department of Health is advising us to monitor such movement for our students and staff members, and we are able to do so from our attendance records.

## Coronavirus Information from Township Health Department

## **Everyday Preventive Actions**

Below are some additional everyday tips for slowing the spread of the flu and other infectious diseases.

- 1. Consider getting a flu vaccination.
- 2. Cover your nose and mouth with a tissue when coughing or sneezing and then immediately throw the tissue in the trash basket. Cough or sneeze into your elbow if a tissue is unavailable.
- 3. Wash your hands often with soap and warm water. If soap and warm water are not available, use an alcohol-based hand sanitizer to wash as soon as possible.
- 4. Avoid touching your eyes, nose, and mouth since these body parts provide pathways through which germs can enter your body.
- 5. Try to avoid close contact with people who are sick.
- 6. If you are sick yourself with the flu or a flu-like illness, the CDC recommends that you stay home for at least 24 hours after your fever is gone without the assistance of medication. This time requirement is part of our district policy.
- 7. While sick, limit your contact with others as much as possible to keep from infecting them.



I hope you find the information above to be helpful and wish for the remainder of this flu season to be healthy for you and your family. If you have any questions or would like any additional information, please contact our Supervisor of School Nursing and Wellness, Mrs. Lori Kowalski. Mrs. Kowalski also serves as the chairperson of our Pandemic Committee and can be reached by email at <a href="mailto:lkowalski@clarkschools.org">lkowalski@clarkschools.org</a> or by phone at 732-381-0400 extension 4104.

Yours sincerely,

## Edward Grande

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