

**Sunrise Head Start Center Menu for February 2018**

Menus Subject to Change

			<b>THURSDAY 1</b>	<b>FRIDAY 2</b>
			WG Cereal & Yogurt Fruit Low Fat Milk ..... Ham BBQ Sandwich Peas & Carrots Fruit Low Fat Milk	Ham, Egg & Cheese on Bun Fruit Low fat Milk ..... Cheese Pizza Fresh Broccoli Fruit Low Fat Milk
<b>MONDAY 5</b>	<b>TUESDAY 6</b>	<b>WEDNESDAY 7</b>	<b>THURSDAY 8</b>	<b>FRIDAY 9</b>
WG Mini French Toast Fruit Low Fat Milk ..... Chicken Tenders Steamed Broccoli Fruit Low Fat Milk	WG Mini Pancakes Fruit Low Fat Milk ..... Beef & Cheese Nachos Corn Fruit Low Fat Milk	Go Big Yogurt Fruit Low Fat Milk ..... Turkey & Cheese Pretzel Melt Side Salad Fruit Low fat Milk	WG Cereal Fruit Low Fat Milk ..... Warrior Chicken Bowl w/ WG Roll Celery Sticks Fruit Low Fat Milk	Egg & Cheese on WG Bagel Fruit Low Fat Milk ..... Cheeseburger Seasoned Green Beans Fruit Low Fat Milk
<b>MONDAY 12</b>	<b>TUESDAY 13</b>	<b>WEDNESDAY 14</b>	<b>THURSDAY 15</b>	<b>FRIDAY 16</b>
WG Mini French Toast Fruit Low Fat Milk ..... Chicken Patty Sandwich Carrot Sticks Fruit Low Fat Milk	WG Mini Pancakes Fruit Low Fat Milk ..... Pasta & Meat Sauce Cucumber Slices Fruit Low Fat Milk	WG Cereal Fruit Low Fat Milk ..... Meatball Hoagie Baked Fries Fruit Low Fat Milk	WG Cereal & Yogurt Fruit Low Fat Milk ..... Chicken Quesadilla Peas & Carrots Fruit Low Fat Milk	Ham, Egg & Cheese on WG Bun Fruit Low Fat Milk ..... Cheese Pizza Seasoned Green Beans Fruit Low Fat Milk
<b>MONDAY 19</b>	<b>TUESDAY 20</b>	<b>WEDNESDAY 21</b>	<b>THURSDAY 22</b>	<b>FRIDAY 23</b>
<b>NO CENTER</b>	WG Mini Pancakes Fruit Low Fat Milk ..... Beef Tacos Corn Fruit Low Fat Milk	Go Big Yogurt Fruit Low Fat Milk ..... Taco Salad w/ Bread Fruit Low Fat Milk	WG Cereal Fruit Low Fat Milk ..... Bosco Sticks Celery Sticks Fruit Low Fat Milk	Ham, Egg & Cheese on WG Bagel Fruit Low Fat Milk ..... Cheeseburger Fresh Broccoli Fruit Low Fat Milk
<b>MONDAY 26</b>	<b>TUESDAY 27</b>	<b>WEDNESDAY 28</b>		
WG Mini French Toast Fruit Low Fat Milk ..... Popcorn Chicken w/ Roll Steamed Broccoli Fruit Low Fat Milk	WG Mini Pancakes Fruit Low Fat Milk ..... BBQ Pork Slider w/ Mac & Cheese Chickpeas Fruit Low Fat Milk	WG Cereal Fruit Low Fat Milk ..... Ham & Cheese Pretzel Melt Baked Fries Fruit Low Fat Milk		

\*LF refers to Low Fat, WG Refers to Whole Grain Rich, HM refers to Homemade, PB refers to Peanut Butter, RS refers to Reduced Sugar.

**This institution is an equal opportunity provider.**