

Penn-Trafford School District Wellness Committee/Advisory Board Meeting

October 24, 2018

Penn-Trafford High School

1:45 p.m. – 2:45 p.m.

1. Student Union Update/Input from students:
 - a. Students are very happy with all of the options at the High School this school year so far.
 - b. A suggestion was to add more fruit options which was noted by the Food Service Director.
2. Wellness Policy:
 - a. Went through the Wellness Policy Assessment Tool and Report Template as a group.
 - b. Talked about adding a PE Teacher/Member of the Public to the committee – will be asking one to join ASAP.
 - c. Adding more information to the school website's Wellness Committee section on how the public can join this committee and who to contact.
 - d. Reinstate the learning laboratory this school year at the High School – students enjoyed this last year.
 - e. Setup tables at all schools for students to put food that they do not want but must take for reimbursable meals. Already doing this at Trafford.
 - f. Seek grants for the District to enhance school wellness.
3. Other:
 - a. Will (FSD) informed the committee how he goes to student meetings as well as PTO meetings to get student and parent feedback on the lunch program. Will discuss at all of our meetings any comments he has received.
 - b. Will to add information on the birthday treat/snack form about the Allergy policy and will share the link to this policy.
 - c. Will to add Healthy Lifestyle Tips/Nutrition News from Aramark quarterly to the Wellness Committee/Advisory Board section of the District's website.
4. Next meeting scheduled for: Spring of 2019 - TBD
5. To be discussed at next meeting:
 - a. Any updates from last meeting
 - b. Discuss Assessment Tool that is to be completed from this meeting

Penn-Trafford School District

Advisory Board/Wellness Committee Meeting: 10/24/18

SIGN IN SHEET

Print Name

Sign

Lisa Popovich



Megan Massarelli
Will New ~~Table~~

Megan Massarelli
Will New ~~Table~~

Alison Siniawski
~~Scott Ingber~~

Alison Siniawski
~~Scott Ingber~~

Toni Ising



Aaron Deutsch

