

Penn Middle School Breakfast March 2018

Daily Features

Assorted Cereal
Assorted 4oz Muffins
Assorted Poptarts
Trix Yogurt w/Scooby Snacks

**!!!BREAKFAST
AVAILABLE DAILY!!!**
**Located upstairs at the Warrior
Cove Snack Shop directly
across from the
Library entrance.**



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Pricing & Info

Paid - \$1.30 Reduced - \$0.30
Free to those who qualify

Meals include Milk – 1%, Chocolate, Vanilla, Skim, or Lactaid

Make it a Meal – Entrée + 1Fruit and/or 1Veg + Milk
All items meet NSLP/USDA regulations.
Direct questions to the Food Service Office.

5

4 French Toast Sticks

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

6

Breakfast Pizza

*Bacon, Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

7

Giant Chocolate/Blueberry Muffin

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

1

Pancake & Sausage Corn Dog

*Bacon, Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce Grape Juice

2

Cinnamon Sugar Donut

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce Grape Juice

8

Strawberry & Yogurt Parfait

*Bacon, Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

9

Cinnamon Sugar Donut

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

12

Powdered Sugar Donut Holes

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

13

Breakfast Pizza *Bacon,*

*Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

14

4 French Toast Sticks

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

15

Pancake & Sausage Corn Dog

*Bacon, Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

16

Cinnamon Sugar Donut

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

19

No School (3rd Snow make-up Day)

20

Breakfast Pizza

*Bacon, Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

21

Chocolate, Blueberry, Banana Muffin

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

22

Blueberry & Yogurt Parfait

*Bacon, Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

23

Cinnamon Sugar Donut

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

26

Powdered Sugar Donut Holes

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apples, Diced Pears, Apple Juice

27

Breakfast Pizza

*Bacon, Egg & Cheese Muffin
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Apples, Diced Pears, Apple Juice

28

Mini Maple Pancakes

*Ham, Egg & Cheese Muffin
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apples, Diced Pears, Apple Juice

29

No School (5th Snow make-up Day)

30

No School (Holiday Break)