



# Penn-Trafford High School Main Course

## MARCH 2018

### Available included sides

Salad Bar Side Salad  
Hand Fruit  
Hot/Cold Veg option  
Krinkle Fries

1

**3 Piece Chicken Tenders w/Roll**  
Cheese Pizza Slice  
6 Chicken Nuggets

Seasoned Peas or Fries

2

**4 Pierogis w/Onions**  
Cheese Pizza Slice  
6 Chicken Nuggets

Green Beans or Fries

5

**BBQ Rib Sub**  
Cheese Pizza Slice  
*Chicken Patty Sandwich*  
*FUEL – Fiesta Foldover*

Steamed Broccoli or Fries

6

**DORITOS Walking Taco**  
Cheese Pizza Slice  
*Chicken Patty Sandwich*  
*FUEL – Fiesta Foldover*

Seasoned Corn or Fries

7

**Grilled Cheese & Tomato Soup**  
Cheese Pizza Slice  
*Chicken Patty Sandwich*  
*FUEL – Fiesta Foldover*

Celery Sticks or Fries

8

**Chicken & Cheese Nachos**  
Cheese Pizza Slice  
*Chicken Patty Sandwich*  
*FUEL – Fiesta Foldover*

Seasoned Peas or Fries

9

**Fish Sticks w/Roll**  
Cheese Pizza Slice  
*Chicken Patty Sandwich*  
*FUEL – Fiesta Foldover*

Green Beans or Fries

12

**3 Max Pizza Sticks w/Sauce**  
Cheese Pizza Slice  
*FUEL – Mediterranean Meatball Wrap*

Steamed Broccoli or Fries

13

**Beef & Cheese Nachos**  
Cheese Pizza Slice  
*FUEL – Mediterranean Meatball Wrap*

Seasoned Corn or Fries

14

**Turkey & Cheese Pretzel Melt**  
Cheese Pizza Slice  
*FUEL – Mediterranean Meatball Wrap*

Celery Sticks or Fries

15

**French Toast Sticks w/Sausage**  
Cheese Pizza Slice  
*FUEL – Mediterranean Meatball Wrap*

Seasoned Peas or Fries

16

**2 Bosco Sticks w/Sauce**  
Cheese Pizza Slice  
*FUEL – Mediterranean Meatball Wrap*

Green Beans or Fries

19

**No School**  
(3rd Snow make-up day)

20

**Pasta w/Meatsauce & Roll**  
Cheese Pizza Slice  
6 Piece Chicken Nugget

Seasoned Corn or Fries

21

**Meatball Hoagie**  
Cheese Pizza Slice  
6 Piece Chicken Nugget

Celery Sticks or Fries

22

**Chicken Quesadilla**  
Cheese Pizza Slice  
6 Piece Chicken Nugget

Seasoned Peas or Fries

23

**Egg & Cheese on Bagel Sandwich**  
Cheese Pizza Slice  
6 Piece Chicken Nugget

Green Beans or Fries

26

**Mini Corn Dogs**  
Cheese Pizza Slice  
*Popcorn Chicken*

Steamed Broccoli or Fries

27

**Beef & Cheese Quesadilla**  
Cheese Pizza Slice  
*Popcorn Chicken*

Seasoned Corn or Fries

28

**Bacon Cheeseburger**  
Cheese Pizza Slice  
*Popcorn Chicken*

Celery Sticks or Fries

**No School**  
(5<sup>th</sup> Snow make-up day)

**No School**  
(Holiday Break)

### Main Course Meal - \$3.50

All main course meals include 1 side choice and a choice of bottled water or tea/lemonade

Main Course Meals are available to **ALL** free meal eligible students at **No Cost**  
All other items are priced individually.