

# Trafford Middle School Breakfast April 2018

## Daily Features

Assorted Cereal  
Assorted 2oz Muffins  
Assorted Poptarts  
Trix Yogurt w/Scooby Snacks

**!!!BREAKFAST AVAILABLE DAILY!!!**

**Located downstairs in the Cafeteria! Stop in, say "Hello" & energize your morning.**



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**2**  
**No School**  
(6<sup>th</sup> Snow Make up)

**3**  
**Breakfast Pizza**  
*Bacon, Egg & Cheese Muffin*  
*Sausage, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce Grape Juice

**4**  
**Mini Maple Pancakes**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce Grape Juice

**5**  
**Cinni-Minis**  
*Bacon, Egg & Cheese Muffin*  
*Sausage, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce Grape Juice

**6**  
**Apple Blueberry Breakfast Bar**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce Grape Juice

**9**  
**Chocolate Glazed Donut**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Apple, Orange Slices, Fruit Punch

**10**  
**Chocolate Muffin w/String Cheese**  
FRUIT: Apple Juice, Milk or Water

**11**  
**Nutri-Grain Bars w/Animal Crackers**  
FRUIT: Orange Juice, Milk or Water

**12**  
**Oatmeal Chocolate Chip Breakfast Bar**  
FRUIT: Fruit Punch, Milk or Water

**13**  
**Cinni-Minis**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Apple, Orange Slices, Fruit Punch

**16**  
**Mini Maple Pancakes**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Orange, Diced Peaches, Orange Juice

**17**  
**Cinnamon Poptart w/String Cheese**  
FRUIT: Apple Juice, Milk or Water

**18**  
**Cinnamon Cream Cheese Stuffed Bagel**  
FRUIT: Orange Juice, Milk or Water

**19**  
**Cinnamon Donut Holes**  
*Bacon, Egg & Cheese Muffin*  
*Sausage, Egg & Cheese Bagel*  
FRUIT: Whole Orange, Diced Peaches, Orange Juice

**20**  
**Chocolate Banana Breakfast Bar**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Orange, Diced Peaches, Orange Juice

**23**  
**Lucky Charm Glazed Donut**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**24**  
**Breakfast Pizza**  
*Bacon, Egg & Cheese Muffin*  
*Sausage, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**25**  
**Giant Chocolate, Blueberry, Banana Muffin**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**26**  
**Blueberry & Yogurt Parfait**  
*Bacon, Egg & Cheese Muffin*  
*Sausage, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**27**  
**Cinni-Minis**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**30**  
**Vanilla Glazed Donut**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Apple, Diced Pears, Apple Juice

**1**  
**Breakfast Pizza**  
*Bacon, Egg & Cheese Muffin*  
*Sausage, Egg & Cheese Bagel*  
FRUIT: Whole Apple, Diced Pears, Apple Juice

**2**  
**Chocolate, Blueberry, Banana Muffin**  
*Ham, Egg & Cheese Muffin*  
*Bacon, Egg & Cheese Bagel*  
FRUIT: Whole Apple, Diced Pears, Apple Juice

**Pricing & Info**  
Paid - \$1.30      Reduced - \$0.30  
Free to those who qualify  
**Meals include Milk – 1%, Chocolate, Vanilla, Skim, or Lactaid**  
**Make it a Meal – Entrée + 1Fruit and/or 1Veg + Milk**  
*All items meet NSLP/USDA regulations.*  
*Direct questions to the Food Service Office.*