

Trafford Middle School Lunch

April 2018

Daily Grill Features

Hamburger/Cheeseburger
Chicken Patty/Spicy Chicken
Chicken Nuggets

Daily Pizza

Cheese, Pepperoni
Tues/Thurs – Buffalo Chicken

Daily Grab n Go Features

Buffalo/Chicken Ranch Wrap
Chef Salads
Pretzel & Yogurt Pack
(Warm Pretzel & Cheese Sauce
w/Go Big Yogurt)
Pizza Munchable
(MTO Flatbread w/Pizza Sauce,

2
No School
(6th Snow Make up)

3
2 Chicken Tenders w/Mac & Cheese
PREM: Breaded Chicken Breast Sandwich

VEG: Seasoned Corn or Cucumber Slices

FRUIT: Whole Pears, Applesauce, Grape Juice

4
Grilled Ham & Cheese
PREM: 4 Max Pizza Stix

VEG: Baked Beans

FRUIT: Whole Pears, Applesauce, Grape Juice

5
BBQ Rib Sub
PREM: Breaded Chicken Breast Sandwich

VEG: Seasoned Peas or Celery Sticks

FRUIT: Whole Pears, Applesauce, Grape Juice

6
PREM: Boneless Wings w/Twisters

VEG: Seasoned Green Beans or Fresh Broccoli

FRUIT: Whole Pears, Applesauce, Grape Juice

9
Mini Corn Dogs
PREM: Deep Dish Pizza
FUEL: Spicy Southern Chicken

VEG: Steamed Broccoli or Carrot Sticks
FRUIT: Sliced Apples, Oranges, Fruit Punch

10
DORITOS Walking Taco
PREM: Breaded Chicken Breast Sandwich
FUEL: Spicy Southern Chicken

VEG: Seasoned Corn or Cucumber Slices

FRUIT: Sliced Apples, Oranges, Fruit Punch

11
Grilled Cheese w/Tomato Soup
PREM: 4 Max Pizza Stix
FUEL: Spicy Southern Chicken

VEG: Baked Beans

FRUIT: Sliced Apples, Oranges, Fruit Punch

12
Chicken & Cheese Nachos
PREM: Breaded Chicken Breast Sandwich
FUEL: Spicy Southern Chicken

VEG: Seasoned Peas or Celery Sticks

FRUIT: Sliced Apples, Oranges, Fruit Punch

13
PREM: Boneless Wings w/Twisters
FUEL: Spicy Southern Chicken

VEG: Seasoned Green Beans or Fresh Broccoli

FRUIT: Sliced Apples, Oranges, Fruit Punch

16
3 Piece Chicken Tenders w/Roll
PREM: Deep Dish Pizza
FUEL: Cheese Fry Chicken Sub

VEG: Steamed Broccoli or Carrot Sticks

FRUIT: Whole Apple, Diced Peaches, Orange Juice

17
Beef & Cheese Nachos
PREM: Breaded Chicken Breast Sandwich
FUEL: Cheese Fry Chicken Sub

VEG: Seasoned Corn or Cucumber Slices

FRUIT: Whole Apple, Diced Peaches, Orange Juice

18
Turkey & Cheese Pretzel Melt
PREM: 4 Max Pizza Stix
FUEL: Cheese Fry Chicken Sub

VEG: Baked Beans

FRUIT: Whole Apple, Diced Peaches, Orange Juice

19
4 French Toast Sticks w/Sausage
PREM: Breaded Chicken Breast Sandwich
FUEL: Cheese Fry Chicken Sub

VEG: Seasoned Peas or Celery Sticks
FRUIT: Whole Apple, Diced Peaches, Orange Juice

20
PREM: Boneless Wings w/Twisters
FUEL: Cheese Fry Chicken Sub

VEG: Seasoned Green Beans or Fresh Broccoli

FRUIT: Whole Apple, Diced Peaches, Orange Juice

23
BBQ Cheeseburger
PREM: Deep Dish Pizza

VEG: Steamed Broccoli or Carrot Sticks

FRUIT: Whole Pears, Applesauce, Fruit Punch

24
Pasta w/Meatsauce
PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich

VEG: Seasoned Corn or Cucumber Slices

FRUIT: Whole Pears, Applesauce, Fruit Punch

25
Meatball Hoagie
PREM: 4 Max Pizza Stix

VEG: Baked Beans

FRUIT: Whole Pears, Applesauce, Fruit Punch

26
Ham & Cheese Pretzel Melt
PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich

VEG: Seasoned Peas or Celery Sticks
FRUIT: Whole Pears, Applesauce, Fruit Punch

27
PREM: Boneless Wings w/Twisters

VEG: Seasoned Green Beans or Fresh Broccoli

FRUIT: Whole Pears, Applesauce, Fruit Punch

30
Ham BBQ Sandwich
PREM: Deep Dish Pizza

VEG: Steamed Broccoli or Carrot Sticks

FRUIT: Whole Apples, Diced Pears, Apple Juice

1
2 Hard Beef Tacos
PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich

VEG: Seasoned Corn or Cucumber Slices
FRUIT: Whole Apples, Diced Pears, Apple Juice

2
Bacon Cheeseburger
PREM: 4 Max Pizza Stix

VEG: Baked Beans

FRUIT: Whole Apples, Diced Pears, Apple Juice

Pricing & Info
Lunch \$2.55 Premium Lunch \$3.20

Meals include Milk – 1%, Chocolate, Vanilla, Skim, or Lactaid
Make it a Meal – Entrée + 1Fruit and/or 1Veg + Milk

*All items meet NSLP/USDA regulations.
Direct questions to the Food Service Office.*



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