



Penn-Trafford Elementary

September 2019 Lunch Menu

26
Chicken Tenders w/ Roll
Grilled Cheese Sandwich
 Turkey Chef Salad w/ Croutons & Roll
 Seasoned Peas

27
Warrior Chicken Bowl w/ Roll
Hamburger or Cheeseburger
 BBQ Chicken Wrap
 Mashed Potatoes & Gravy

28
French Toast Sticks w/ Sausage
Chicken Patty Sandwich
 Turkey Chef Salad w/ Croutons & Roll

29
Nacho Bar
Pizza Fun Lunch
 Turkey Chef Salad w/ Croutons & Roll
 Shredded Lettuce, Black Beans

30
Pizza Hut PREM (TE/SE/LG)
Deep Dish Pizza PREM (MC/HP)
Hot Dog
 Beef Taco Salad w/ Chips
 Seasoned Broccoli

2
Labor Day
No School!

3
Breaded Chicken Drumstick w/ Roll
Hamburger or Cheeseburger
 BBQ Chicken Wrap
 Mashed Potatoes & Gravy

4
Chicken Parmesan with Pasta
Meatball Marinara with Pasta
 Ham & Cheese Sandwich
 Seasoned Peas

5 **Lucky Tray Day!**
Walking Tacos
Pizza Fun Lunch
 Ham & Cheese Sandwich
 Shredded Lettuce, Black Beans

6
Pizza Hut PREM (MC/HP)
Deep Dish Pizza PREM (TE/SE/LG)
Hot Dog
 Beef Taco Salad w/ Chips
 Seasoned Broccoli

9
Chicken Nuggets w/ Roll
Mini Corn Dogs
 Chicken Chef Salad w/ Croutons & Roll
 Tater Tots

10
Warrior Chicken Bowl w/ Roll
Hamburger or Cheeseburger
 BBQ Chicken Wrap
 Mashed Potatoes & Gravy

11
French Toast Sticks w/ Sausage
Chicken Patty Sandwich
 Chicken Chef Salad w/ Croutons & Roll

12
Crunchy Tacos
Pizza Fun Lunch
 Chicken Chef Salad w/ Croutons & Roll
 Shredded Lettuce, Black Beans

13
Pizza Hut PREM (TE/SE/LG)
Deep Dish Pizza PREM (MC/HP)
Hot Dog
 Beef Taco Salad w/ Chips
 Seasoned Broccoli

16
Chicken Patty Sandwich
Pizza Sticks w/ Sauce
 Turkey & Cheese Wrap
 Seasoned Green Beans

17
Breaded Chicken Drumstick w/ Roll
Hamburger or Cheeseburger
 BBQ Chicken Wrap
 Mashed Potatoes & Gravy

18 **Lucky Tray Day!**
6 Popcorn Chicken w/ Mac & Cheese
3 Mini Corn Dogs w/ Mac & Cheese
 Turkey & Cheese Wrap

19
Nacho Bar
Pizza Fun Lunch
 Turkey & Cheese Wrap
 Shredded Lettuce, Black Beans

20
Pizza Hut PREM (MC/HP)
Deep Dish Pizza PREM (TE/SE/LG)
Hot Dog
 Beef Taco Salad w/ Chips
 Seasoned Broccoli

23
Chicken Nuggets w/ Roll
Mini Corn Dogs
 Pretzel Fun Lunch
 Baked Fries

24
Warrior Chicken Bowl w/ Roll
Hamburger or Cheeseburger
 BBQ Chicken Wrap
 Mashed Potatoes & Gravy

25
French Toast Sticks w/ Sausage
Chicken Patty Sandwich
 Pretzel Fun Lunch

26
Walking Tacos
Pizza Fun Lunch
 Pretzel Fun Lunch
 Shredded Lettuce, Black Beans

27
Pizza Hut PREM (TE/SE/LG)
Deep Dish Pizza PREM (MC/HP)
Hot Dog
 Beef Taco Salad w/ Chips
 Seasoned Broccoli

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
Make It A Meal! Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!
 Full Price: \$2.25 Reduced Price: \$0.40
 Pizza Premium Price: \$2.60 Free to those who qualify

Offered Daily: Apples, Oranges, & Pears
Mondays: Cherry Tomatoes, Applesauce
Tuesdays: Celery Sticks, Diced Peaches
Wednesdays: Baby Carrots, Diced Pears
Thursdays: Shredded Lettuce, Black Beans, Applesauce
Fridays: Fresh Cauliflower, Mixed Fruit
Questions? Contact us at pthsafe@penntrafford.org