



Penn-Trafford High School Main Course

APRIL 2018

2

No School
(6th Snow Makeup day)

3

2 Chicken Tenders w/Mac & Cheese
Cheese Pizza Slice
Popcorn Chicken

Seasoned Corn or Fries

4

Grilled Ham & Cheese
Cheese Pizza Slice
Popcorn Chicken

Celery Sticks or Fries

5

BBQ Rib Sub
Cheese Pizza Slice
Popcorn Chicken

Seasoned Peas or Fries

6

4 Pierogis w/Onions
Cheese Pizza Slice
Popcorn Chicken

Green Beans or Fries

9

Mini Corn Dogs
Cheese Pizza Slice
FUEL – Spicy Southern Chicken

Steamed Broccoli or Fries

10

DORITOS Walking Taco
Cheese Pizza Slice
FUEL – Spicy Southern Chicken

Seasoned Corn or Fries

11

Grilled Cheese & Tomato Soup
Cheese Pizza Slice
FUEL – Spicy Southern Chicken

Celery Sticks or Fries

12

Chicken & Cheese Nachos
Cheese Pizza Slice
FUEL – Spicy Southern Chicken

Seasoned Peas or Fries

13

Grilled Chicken Sandwich
Cheese Pizza Slice
FUEL – Spicy Southern Chicken

Green Beans or Fries

16

3 Piece Chicken Tenders
Cheese Pizza Slice
FUEL – Cheese Fry Chicken Sub

Steamed Broccoli or Fries

17

Beef & Cheese Nachos
Cheese Pizza Slice
FUEL – Cheese Fry Chicken Sub

Seasoned Corn or Fries

18

Turkey & Cheese Pretzel Melt
Cheese Pizza Slice
FUEL – Cheese Fry Chicken Sub

Celery Sticks or Fries

19

French Toast Sticks w/Sausage
Cheese Pizza Slice
FUEL – Cheese Fry Chicken Sub

Seasoned Peas or Fries

20

2 Bosco Sticks w/Sauce
Cheese Pizza Slice
FUEL – Cheese Fry Chicken Sub

Green Beans or Fries

23

BBQ Cheeseburger
Cheese Pizza Slice
6 Piece Chicken Nugget

Steamed Broccoli or Fries

24

Pasta w/Meatsauce & Roll
Cheese Pizza Slice
6 Piece Chicken Nugget

Seasoned Corn or Fries

25

Meatball Hoagie
Cheese Pizza Slice
6 Piece Chicken Nugget

Celery Sticks or Fries

26

NATIONAL PRETZEL DAY
Ham & Cheese Pretzel Melt
Cheese Pizza Slice
6 Piece Chicken Nugget

Seasoned Peas or Fries

27

Egg & Cheese on Bagel Sandwich
Cheese Pizza Slice
6 Piece Chicken Nugget

Green Beans or Fries

30

Ham BBQ Sandwich
Cheese Pizza Slice
Chicken Patty Sandwich

Steamed Broccoli or Fries

1

2 Hard Beef Tacos
Cheese Pizza Slice
Chicken Patty Sandwich

Seasoned Corn or Fries

2

Bacon Cheeseburger
Cheese Pizza Slice
Chicken Patty Sandwich

Celery Sticks or Fries

Available included sides

Salad Bar Side Salad
Hand Fruit
Hot/Cold Veg option
Krinkle Fries

Main Course Meal - \$3.50

All main course meals include 1 side choice and a choice of bottled water or tea/lemonade

Main Course Meals are available to **ALL** free meal eligible students at **No Cost**
All other items are priced individually.