



# Penn-Trafford Elementary

## March 2019 Breakfast Menu

**28 Nat'l Muffin Day!**  
**House-Made Blueberry Muffins!**  
*Banana Chocolate Chip Benefit Bar*  
 Cocoa Puffs

**29**  
**4 French Toast Sticks**  
*Mini Cinni's*  
 Cocoa Puffs

**30**  
**Cinnamon Sugar Donut Holes**  
*Mini Strawberry Bagels*  
 Cocoa Puffs

**31**  
**Breakfast Pizza**  
*Oatmeal Chocolate Chip Benefit Bar*  
 Cocoa Puffs

**1**  
**Maple Mini French Toast**  
*Mini Cinni's*  
 Cocoa Puffs

**NATIONAL SCHOOL BREAKFAST WEEK! Stop by for new products, free samples, and a chance to win a free party for your classroom!**

**4 French Toast Sticks**  
*Banana Chocolate Chip Benefit Bar*  
 Frosted Flakes

**Cheese Omelet w/ Bacon**  
 Peppers, Onions, & Broccoli  
*Mini Cinni's, Frosted Flakes*

**NEW PRODUCT - Chocolate Chip Oatmeal Round**  
**Tater Tots!**  
*Frosted Flakes*

**FREE DONUT HOLE!**  
**Bacon, Egg & Cheese Bagel**  
**Tater Tots!**  
*Frosted Flakes*

**Cinnamon Sugar Donut!**  
**Tater Tots!**  
 Frosted Flakes

**11**  
**4 French Toast Sticks**  
*Banana Chocolate Chip Benefit Bar*  
 Cocoa Puffs

**12**  
**Blueberry Parfait**  
*Mini Cinni's*  
 Cocoa Puffs

**13**  
**Cinnamon Sugar Donut Holes**  
*Mini Strawberry Bagels*

**14**  
**Egg & Cheese Bagel**  
*Oatmeal Chocolate Chip Benefit Bar*  
 Cocoa Puffs

**15**  
**Maple Mini Pancakes**  
*Mini Cinni's*  
 Cocoa Puffs

**18**  
**4 French Toast Sticks**  
*Banana Chocolate Chip Benefit Bar*  
 Lucky Charms

**19**  
**Sausage & Cheese Bagel**  
*Mini Cinni's*  
 Lucky Charms

**20**  
**Cinnamon Sugar Donut**  
*Mini Strawberry Bagels*  
 Lucky Charms

**21**  
**Breakfast Pizza**  
*Oatmeal Chocolate Chip Benefit Bar*  
 Lucky Charms

**22**  
**Maple Mini French Toast**  
*Mini Cinni's*  
 Lucky Charms

**25**  
**4 French Toast Sticks**  
*Banana Chocolate Chip Benefit Bar*  
 Cinnamon Toast Crunch

**26**  
**Strawberry Parfait**  
*Mini Cinni's*  
 Cinnamon Toast Crunch

**27**  
**Breakfast Corn Dog**  
*Mini Strawberry Bagels*  
 Cinnamon Toast Crunch

**28**  
**Cheese Omelet w/ Bacon**  
*Oatmeal Chocolate Chip Benefit Bar*  
 Cinnamon Toast Crunch

**29**  
**Maple Mini Pancakes**  
*Mini Cinni's*  
 Cinnamon Toast Crunch

### Information & Pricing

**Milk Options:** 1%, Flavored, Skim or Lactaid  
**Make It A Meal!** Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!  
 Full Price: \$1.30      Reduced Price: \$0.30  
 Free to those who qualify

### Additionally Available Throughout Each Week:

**Entrees:** Strawberry or Fudge Pop-Tarts  
**Fruits:** Apple or Orange Juice, Apples, Oranges, & Pears  
**Questions?** Contact us at [pthsafe@penntrafford.org](mailto:pthsafe@penntrafford.org) or 724-744-2664  
 Vegetables on 2/5 - each student make take up to 1 cup each of Peppers & Onions, and Broccoli!