



# Trafford Middle School Breakfast March 2018

## Pricing & Info

Paid - \$1.30      Reduced - \$0.30  
Free to those who qualify

**Meals include Milk** – 1%, Chocolate, Vanilla, Skim, or Lactaid

**Make it a Meal** – Entrée + 1Fruit and/or 1Veg + Milk  
All items meet NSLP/USDA regulations.  
Direct questions to the Food Service Office.

### 5 **Chocolate Glazed Donut**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

### 6 **Breakfast Pizza**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

### 7 **Giant Chocolate/Blueberry Muffins**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

### 1 **Cinni-Minis**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Grape Juice

### 2 **Apple Blueberry Breakfast Bar**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Grape Juice

### 8 **Strawberry & Yogurt Parfait**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

### 9 **Cinni-Minis**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apple, Orange Slices, Fruit Punch

## Daily Features

Assorted Cereal  
Assorted 4oz Muffins  
Assorted Poptarts  
Trix Yogurt w/Scooby Snacks

### 12 **Lucky Charms Glazed Donut**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

### 13 **Breakfast Pizza**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

### 14 **4 French Toast Sticks**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

### 15 **Cream Cheese Stuffed Bagels**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

### 16 **Chocolate Banana Breakfast Bar**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Orange, Diced Peaches, Orange Juice

## !!!BREAKFAST AVAILABLE DAILY!!!

Located downstairs in the Cafeteria! Stop in, say "Hello" & energize your morning.

### 19 **No School (3<sup>rd</sup> Snow make-up Day)**

### 20 **Breakfast Pizza**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

### 21 **Mini Maple Burst Pancakes**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

### 22 **Blueberry & Yogurt Parfait**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

### 23 **Cinni-Minis**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Pears, Applesauce, Fruit Punch

### 26 **Vanilla Glazed Donut**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apples, Diced Pears, Apple Juice

### 27 **Breakfast Pizza**

*Bacon, Egg & Cheese Muffin  
Sausage, Egg & Cheese Bagel*

FRUIT: Whole Apples, Diced Pears, Apple Juice

### 28 **Pancake & Sausage Corn Dog**

*Ham, Egg & Cheese Muffin  
Bacon, Egg & Cheese Bagel*

FRUIT: Whole Apples, Diced Pears, Apple Juice

### **No School (5<sup>th</sup> Snow make-up Day)**

### **No School (Holiday Break)**



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