

Trafford Middle School Lunch

May 2018

30
Ham BBQ Sandwich
 PREM: Deep Dish Pizza
 VEG: Steamed Broccoli or Carrot Sticks
 FRUIT: Whole Apples, Diced Pears, Apple Juice

1
2 Hard Beef Tacos
 PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich
 VEG: Seasoned Corn or Cucumber Slices
 FRUIT: Whole Apples, Diced Pears, Apple Juice

2
Bacon Cheeseburger
 PREM: 4 Max Pizza Stix
 VEG: Baked Beans
 FRUIT: Whole Apples, Diced Pears, Apple Juice

3
Warrior Chicken Bowl
 PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich
 VEG: Celery Sticks
 FRUIT: Whole Apples, Diced Pears, Apple Juice

4
Act 80 Day (No School)

7
Chicken Fajita Rice Bowl
 PREM: Deep Dish Pizza
 FUEL: Buffalo Cauliflower Chicken Pizza
 VEG: Seasoned Corn
 FRUIT: Whole Pears, Applesauce, Grape Juice

8
2 Chicken Tenders w/Mac & Cheese
 PREM: Breaded Chicken Breast Sandwich
 FUEL: Buffalo Cauliflower Chicken Pizza
 VEG: Cucumber Slices
 FRUIT: Whole Pears, Applesauce, Grape Juice

9
Grilled Ham & Cheese
 PREM: 4 Max Pizza Stix
 FUEL: Buffalo Cauliflower Chicken Pizza
 VEG: Baked Beans
 FRUIT: Whole Pears, Applesauce, Grape Juice

10
BBQ Pulled Pork Sandwich
 PREM: Breaded Chicken Breast Sandwich
 FUEL: Buffalo Cauliflower Chicken Pizza
 VEG: Seasoned Peas or Celery Sticks
 FRUIT: Whole Pears, Applesauce, Grape Juice

11
PREM: Boneless Wings w/Twisters
 FUEL: Buffalo Cauliflower Chicken Pizza
 VEG: Seasoned Green Beans or Fresh Broccoli
 FRUIT: Whole Pears, Applesauce, Grape Juice

Daily Grill Features
 Hamburger/Cheeseburger
 Chicken Patty/Spicy Chicken
 Chicken Nuggets
Daily Pizza
 Cheese, Pepperoni
 Tues/Thurs – Buffalo

14
Mini Corn Dogs
 PREM: Deep Dish Pizza
 FUEL: Pepper Popper Pizza
 VEG: Steamed Broccoli
 FRUIT: Oranges, Diced Peaches, Fruit Punch

15
DORITOS Walking Taco
 PREM: Breaded Chicken Breast Sandwich
 FUEL: Pepper Popper Pizza
 VEG: Seasoned Corn
 FRUIT: Oranges, Diced Peaches, Fruit Punch

16
Grilled Cheese w/Tomato Soup
 PREM: 4 Max Pizza Stix
 FUEL: Pepper Popper Pizza
 VEG: Baked Beans
 FRUIT: Oranges, Diced Peaches, Fruit Punch

17
Chicken & Cheese Nachos
 PREM: Breaded Chicken Breast Sandwich
 FUEL: Pepper Popper Pizza
 VEG: Celery Sticks
 FRUIT: Oranges, Diced Peaches, Fruit Punch

18
PREM: Boneless Wings w/Twisters
 FUEL: Pepper Popper Pizza
 VEG: Seasoned Green Beans
 FRUIT: Oranges, Diced Peaches, Fruit Punch

Daily Grab n Go Features
 Buffalo/Chicken Ranch Wrap
 Chef Salads
 Pretzel & Yogurt Pack
 (Warm Pretzel & Cheese Sauce w/Go Big Yogurt)
 Pizza Munchable
 (MTO Flatbread w/Pizza Sauce,

21
3 Piece Chicken Tenders w/Roll
 PREM: Deep Dish Pizza
 VEG: Steamed Broccoli or Carrot Sticks
 FRUIT: Hand Fruit, Portioned Fruits, Assorted Juice

22
Beef & Cheese Nachos
 PREM: Breaded Chicken Breast Sandwich
 VEG: Seasoned Corn
 FRUIT: Hand Fruit, Portioned Fruits, Assorted Juice

23
PREM: Boneless Wings w/Twisters
 VEG: Baked Beans
 FRUIT: Hand Fruit, Portioned Fruits, Assorted Juice

24
4 French Toast Sticks w/Sausage
 PREM: Breaded Chicken Breast Sandwich
 VEG: Celery Sticks
 FRUIT: Hand Fruit, Portioned Fruits, Assorted Juice

25
3 Max Pizza Stix
 PREM: Deep Dish Pizza
 VEG: Seasoned Green Beans
 FRUIT: Hand Fruit, Portioned Fruits, Assorted Juice

28
Memorial Day (No School)

29
In-Service Day (No School)

30
Summer Break

Pricing & Info
 Lunch \$2.55 Premium Lunch \$3.20
 Meals include Milk – 1%, Chocolate, Vanilla, Skim, or Lactaid
 Make it a Meal – Entrée + 1Fruit and/or 1Veg + Milk
 All items meet NSLP/USDA regulations.
 Direct questions to the Food Service Office.