

Penn-Trafford School District Wellness Committee/Advisory Board Meeting

March 7, 2018

Penn-Trafford High School

9:15 a.m. - 10:30 a.m.

1. Student Union Update/Input from students:
 - a. Grilled chicken is now on the menu and very popular with students.
 - b. Great feedback in regards to the salad bar changes.
 - c. Making sure certain meal choices do not run out for the last lunch period.
 - d. There is new Aramark signage – new seal tab on grab and go station which is going over well. Students are saying communication on prices/choices have improved.
 - e. Breakfast participation has not improved much at the High School despite new meal choices (Waffle Wednesdays/Smoothie Fridays) – students say this is due mainly because of morning time constraints.
 - f. The student view point surveys went out – not enough participation from Trafford Middle. Did get enough for Penn Middle and High School. Students are saying the survey is too long but is very comprehensive. The survey requires at least 60 responses. Zach to check if it can go based off of a percentage instead of a number. Mr. Cooper will give these surveys to his students in his health classes to complete.
 - g. A suggestion was to put brand names on the food being served – for example “Tyson”.
2. Wellness Policy:
 - a. No updates to policy at this time.
3. Other:
 - a. Discussed the new lunch shaming legislation that became effective in November 2017.
 - b. National School Breakfast week is currently underway – giving prizes away
 - c. Aramark has been doing several food demonstrations at each school in the District. Aramark is still going into the health classes to also do food demonstrations to show students how to make food healthier. The students are really enjoying this.
 - d. The main course and specialty bar lines were switched due to congestion. Aramark clearly communicated this with all students/staff prior to this being implemented. So far, no issues have occurred with this change and it has improved the congestion problem in the food court.
 - e. The \$4.00 grab bags at the grill station are doing well. With this Aramark attempts to bring in what kids see out at other restaurants. This is very popular.
 - f. Zach plans to attend a student union meeting to get more input for the student body.
4. Next meeting scheduled for: Fall of 2018 - TBD
5. To be discussed at next meeting:
 - a. Any updates from last meeting

Penn-Trafford School District

Advisory Board/Wellness Committee Meeting: 3/7/18 9:15 - 10:30

SIGN IN SHEET

Print Name

Sign

Megan Massarelli
Zachary Maravite
Toni Ising
Larry Cooper
Jimmy Halley
Geoff Inglese
Kisa Popovich

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Penn-Trafford School District Wellness Committee/Advisory Board Meeting

November 8, 2017

Penn-Trafford High School

1:45 p.m. – 2:30 p.m.

1. Student Union Update/Input from students:
 - a. Adding grilled chicken to the menu
 - b. Communicate pricing better
 - i. Looking into adding slides to the morning announcements in regards to pricing/menu for the day – Will to talk to Steve Vinton
2. Wellness Policy:
 - a. No updates to policy at this time
3. Other:
 - a. Discussed about educating students on new diets that are out
 - i. Larry said they do discuss this in 11th grade health class
 - b. Intramurals – Make more activities available
 - i. Student Union President is to talk about this with the student union
 - ii. Also going to put information/ask for input on the student union Twitter account
 - c. Fundraisers – make a memo to give out to Principals/Administrators on policy for this to make sure we do not exceed the exempt limit at the Elementary/Middle Schools
4. Next meeting scheduled for: March 2018
5. To be discussed at next meeting:
 - a. Any updates from last meeting

Penn-Trafford School District

Advisory Board/Wellness Committee Meeting: 11/8/17

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Print Name

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Scott Ingles



Tom Ising



Will Van Ratten



Megan Massarelli

Megan Massarelli

Lisa Popovich



Livvy Haberberger



Larry Cooper

