

# Penn Middle School Lunch April 2018

## Daily Grill Features

Hamburger/Cheeseburger  
Chicken Patty/Spicy Chicken  
Chicken Nuggets

## Daily Pizza

Cheese, Pepperoni  
Tues/Thurs – Buffalo Chicken

## Daily Grab n Go Features

Buffalo/Chicken Ranch Wrap  
Chef Salads  
Pretzel & Yogurt Pack  
(Warm Pretzel & Cheese Sauce  
w/Go Big Yogurt)  
Pizza Munchable  
(MTO Flatbread w/Pizza Sauce,

**2**  
**No School**  
(6<sup>th</sup> Snow Make up)

**3**  
**2 Chicken Tenders w/Mac & Cheese**  
*PREM: Breaded Chicken Breast Sandwich*  
VEG: Seasoned Corn or Cucumber Slices  
FRUIT: Whole Pears, Applesauce, Grape Juice

**4**  
**Grilled Ham & Cheese**  
*PREM: 4 Max Pizza Stix*  
VEG: Baked Beans  
FRUIT: Whole Pears, Applesauce, Grape Juice

**5**  
**BBQ Rib Sub**  
*PREM: Breaded Chicken Breast Sandwich*  
VEG: Seasoned Peas or Celery Sticks  
FRUIT: Whole Pears, Applesauce, Grape Juice

**6**  
**PREM: Boneless Wings w/Twisters**  
VEG: Seasoned Green Beans or Fresh Broccoli  
FRUIT: Whole Pears, Applesauce, Grape Juice

**9**  
**Mini Corn Dogs**  
*PREM: Deep Dish Pizza*  
*FUEL: Spicy Southern Chicken*  
VEG: Steamed Broccoli or Carrot Sticks  
FRUIT: Sliced Apples, Oranges, Fruit Punch

**10**  
**DORITOS Walking Taco**  
*PREM: Breaded Chicken Breast Sandwich*  
*FUEL: Spicy Southern Chicken*  
VEG: Seasoned Corn or Cucumber Slices  
FRUIT: Sliced Apples, Oranges, Fruit Punch

**11**  
**Grilled Cheese w/Tomato Soup**  
*PREM: 4 Max Pizza Stix*  
*FUEL: Spicy Southern Chicken*  
VEG: Baked Beans  
FRUIT: Sliced Apples, Oranges, Fruit Punch

**12**  
**Chicken & Cheese Nachos**  
*PREM: Breaded Chicken Breast Sandwich*  
*FUEL: Spicy Southern Chicken*  
VEG: Seasoned Peas or Celery Sticks  
FRUIT: Sliced Apples, Oranges, Fruit Punch

**13**  
**PREM: Boneless Wings w/Twisters**  
*FUEL: Spicy Southern Chicken*  
VEG: Seasoned Green Beans or Fresh Broccoli  
FRUIT: Sliced Apples, Oranges, Fruit Punch

**16**  
**3 Piece Chicken Tenders w/Roll**  
*PREM: Deep Dish Pizza*  
*FUEL: Cheese Fry Chicken Sub*  
VEG: Steamed Broccoli or Carrot Sticks  
FRUIT: Whole Apple, Diced Peaches, Orange Juice

**17**  
**Beef & Cheese Nachos**  
*PREM: Breaded Chicken Breast Sandwich*  
*FUEL: Cheese Fry Chicken Sub*  
VEG: Seasoned Corn or Cucumber Slices  
FRUIT: Whole Apple, Diced Peaches, Orange Juice

**18**  
**Turkey & Cheese Pretzel Melt**  
*PREM: 4 Max Pizza Stix*  
*FUEL: Cheese Fry Chicken Sub*  
VEG: Baked Beans  
FRUIT: Whole Apple, Diced Peaches, Orange Juice

**19**  
**4 French Toast Sticks w/Sausage**  
*PREM: Breaded Chicken Breast Sandwich*  
*FUEL: Cheese Fry Chicken Sub*  
VEG: Seasoned Peas or Celery Sticks  
FRUIT: Whole Apple, Diced Peaches, Orange Juice

**20**  
**PREM: Boneless Wings w/Twisters**  
*FUEL: Cheese Fry Chicken Sub*  
VEG: Seasoned Green Beans or Fresh Broccoli  
FRUIT: Whole Apple, Diced Peaches, Orange Juice

**23**  
**BBQ Cheeseburger**  
*PREM: Deep Dish Pizza*  
VEG: Steamed Broccoli or Carrot Sticks  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**24**  
**Pasta w/Meatsauce**  
*PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich*  
VEG: Seasoned Corn or Cucumber Slices  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**25**  
**Meatball Hoagie**  
*PREM: 4 Max Pizza Stix*  
VEG: Baked Beans  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**26**  
**Ham & Cheese Pretzel Melt**  
*PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich*  
VEG: Seasoned Peas or Celery Sticks  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**27**  
**PREM: Boneless Wings w/Twisters**  
VEG: Seasoned Green Beans or Fresh Broccoli  
FRUIT: Whole Pears, Applesauce, Fruit Punch

**30**  
**Ham BBQ Sandwich**  
*PREM: Deep Dish Pizza*  
VEG: Steamed Broccoli or Carrot Sticks  
FRUIT: Whole Apples, Diced Pears, Apple Juice

**1**  
**2 Hard Beef Tacos**  
*PREM: Breaded Chicken Breast/Spicy Chicken Breast Sandwich*  
VEG: Seasoned Corn or Cucumber Slices  
FRUIT: Whole Apples, Diced Pears, Apple Juice

**2**  
**Bacon Cheeseburger**  
*PREM: 4 Max Pizza Stix*  
VEG: Baked Beans  
FRUIT: Whole Apples, Diced Pears, Apple Juice

**Pricing & Info**  
Lunch \$2.55      Premium Lunch \$3.20  
  
**Meals include Milk – 1%, Chocolate, Vanilla, Skim, or Lactaid**  
**Make it a Meal – Entrée + 1Fruit and/or 1Veg + Milk**  
  
*All items meet NSLP/USDA regulations.  
Direct questions to the Food Service Office.*



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