

The following email was sent to the New Rochelle community on June 19, 2018

Dear New Rochelle community,

It is with great sadness that we must inform you that one of our New Rochelle High School juniors died suddenly last night, apparently by taking her own life. Our hearts go out to the family and friends of the student.

We want to take this opportunity to remind our community that suicide is a very complicated act. It is usually caused by mental illness such as depression, which can prevent a person from thinking clearly about his or her problems and how to solve them. Sometimes these disorders are not identified or noticed; other times, a person with a disorder will show obvious symptoms or signs.

Members of our Crisis Response Team are available to meet with students individually or in groups today as well as over the coming days and weeks. Please contact the school if you feel your child is in need of additional assistance; we have a list of school and community mental health resources.

While classes are not in session today – Regents examinations are being administered – we will keep the building open all week for those students who need support.

We urge anyone who is struggling to seek out the help of one of our counselors here at the school 914-576-4500 or contact the National Suicide Hotline at 800-273-TALK (8255). Find additional tips [for preventing youth suicide here](#). Westchester County also provides helpful information through its [Suicide Prevention Taskforce, found here](#).

This is a time for the school community to come together and we want you to know that we will continue to help in any way that we can.

Thank you,

Dr. Brian G. Osborne
Superintendent, City School District of New Rochelle
Reginald Richardson

Principal, New Rochelle High School