December 18, 2017
6:00 p.m.
Training Room – 201 – Central Administrative Offices

AGENDA

• **Ideas for/examples of PSAs and videos to build capacity – view and share**
  - Presentation from SHS Video Class on “self-pressure” – also suggested that group do a freshman video on the trials and tribulations of high school life
    - Rough cut – video could be used to start dialogues in discussion groups
    - Deepening the viewpoints of other students at the party and their version of “self-pressure”
    - SIS video PSA was also presented – stuffed animal discussion

• **Ideas for community action programs to promote the mission**
  - **Hidden In Plain Sight** –
    - (Pam Maute reported) We would like to schedule Hidden in Plain sight for March 1 during parent teacher conferences. We need to schedule, a meeting with school administrators along with PTA's to discuss ways it would be most effective in engaging parents.
    - We create a bedroom mock up that allows parents to walk through a “bedroom” that has drug paraphernalia “hidden in plain sight”
    - Get community members, PTOs, school groups, interested to promote the activity – findings - outcomes
    - We need an organizational meeting to frame out how this can occur with the dates left in the school year that could accommodate this activity

• **BH Cares** – recent trainings:
  - Nurses, Security staff, Health Classes, Med Drop Boxes, offer NARCAN training

• **YSB** –
  - **Epic Ability**
    - It's a three screen production that sends the message to youth that some of us have epic talent or intelligence but all of us have the ability to do things that are epic.
    - **Subjects featured in the stories include:**
      - Bullying Social Media Drugs & Alcohol Driver Safety

  - **SHS to Peer Teach**
The Youth to youth program has been in existence for 19 years. The Youth 2 Youth Peer Advocates are a group of Shelton High School students who participate in weekly training sessions to learn communication skills, problem solving, and how to be an effective role model. They are also trained to be mentors and take on the responsibility of mentoring youth’s ages 6-8 years old for an hour a week at the Lower Naugatuck Valley Boys and Girls Club. The members of Youth 2 Youth also write and teach lesson plans on a monthly basis for the 7th and 8th grade students at SIS, classes focus on areas of alcohol awareness, drugs, and bullying. These youth give back to their community by putting in countless hours of community service. Every year they plan and implement workshops for mini conferences they conduct for youth younger than them, to help these youth in areas of building relationships and developing skills for life through fun games and informational sessions. These students go above and beyond school responsibilities and other priorities.

**Incorporating Health Curricula in Earlier Grades**
- The Shelton Public schools athletic Director John Niski spoke to us about changing the kindergarten to 4th grade curriculum. He added that at closing of the programs he will have Youth 2 Youth members come in do an assembly on the various topics that would be covered in the curriculum.

- **VITAHLS** – (not drug focused) – December Newsletter is posted on the school system website

- **Updates on Membership and Promotion of Shelton Empowers were suggested** –
  - meeting with Chris, Pam and Lorraine to set up planning time to solidify details before next Shelton Empowers meeting in January

- **Information on Grant Submission Feedback** – next steps for reapplication
  - Grant opening window should be around the first of the year
  - Submission due date should be around St. Patrick’s Day
  - Grant review was discussed regarding the submission’s peer review and outcomes
  - For next meeting we will go back to the coalition sectors and beef up the descriptors, roles, and responsibilities
  - Look at a community survey with support from Youth Service Bureau
  - Possibly sub-committees for sector representatives, community survey information, how to engage the community ex. PTOs and/or community groups
    - Defining the 7 strategies for community change
  - Building capacity within the coalition to bump up the capacity to score higher on the rubrics

- **Other Topics**

- **Next Meeting Date:**
  - Monday, January 22, 2018
  - 6:00 p.m.
  - Training Room – 201
  - Central Administrative Office