January 14, 2019
6:00 p.m.
Training Room – 201 – Central Administrative Offices

**Agenda Items:**

- **Dept. Ed Information – Letter**
  - Student Use of Electronic Nicotine Delivery Systems (ENDS)
  - Catch My Breath Program Announcement

- **Report on SHS Advisory & Staff Presentation on Vaping**
  - A brief report was given by SHS re: student advisory period and the Vaping presentation that was done for both faculty and staff
  - Positive feedback
  - Discussion ensued regarding handing out “citations” for vaping during school hours at SHS – individuals are investigating “vaping” in city ordinances and may approach Health & Safety Committee to discuss the vaping issue as well as student consequences.

- **Youth Service Bureau Activities Update**
  - The Shelton Youth Service Bureau staff has been trained in A-SBIRT (Adolescent screening Brief intervention and Referral to Treatment).
  - The Shelton Youth Service bureau will be working together with high school administrators to ensure that A-SBIRT is in place when students are caught under the influence of substances or found with drug paraphernalia.
  - The A-SBIRT program is NOT designed to punish students for their choices but, instead, provide education, positive reinforcement and motivation to make healthy decisions regarding their use of substances.
  - We have forwarded to school administrators parent cover letters and parental consent forms to be used for this program.

  - Additionally, we have scheduled a community event in Shelton High School on March 20, 2019, 7:00 p.m.-8:30 p.m. The speaker is Stephen Hill he will tell his story of addiction and recovery.
  - We have also scheduled all of our Peer Education health fairs for 4th grade at all Elementary Schools:
    - January 30 Elizabeth Shelton
    - February 27 Booth Hill and Mohegan
    - March 27 Long Hill Sunnyside
  - On November 29 we presented a Vaping Lesson in the Health classes at Intermediate School.
  - The presentation was well received that the Youth 2 Youth members may be presenting the lesson to all Health Teachers System wide.
• Finalize “Hidden in Plain Sight”
  o Lock in a Tentative Date? – it will be another evening activity hosted at the same venue due to the access to the “apartment” set up that is integral to the program
    ▪ Thursday, April 4, 2019 beginning at 6:30 in the Perry Hill School Cafetorium
  o Multiple Stations - In order to avoid attendees “down time” while waiting to view the Apartment – it has been suggested to have two or three additional stations for groups to cycle through while waiting to scan the apartment – possible stations could be:
    ▪ “Hidden in Plain Sight” Apartment Activity
    ▪ Narcan – Overview & Usage
    ▪ Vaping – Information & Examples

• New Business - none

• Chairman’s Comments – thank you to everyone who is working so hard on the mission of this committee

• Next Meeting
  o February 11, 2019
  o 6:00 p.m.
  o Training Room – 201
  o Central Administrative Offices

• Agenda Items:
  o Youth Service Bureau Report
  o Confirmation of “Hidden in Plain Sight”
  o Continued Vaping Ordinance Discussion