If your child requires a prescription or over-the-counter medication during the school day or during intramural or interscholastic athletic events, you must follow the procedures required by the Shelton Public Schools, the Connecticut General Statues, Sec. 10-212a, and the Connecticut Administrative Regulations, Sec. 10-212a-1 through 10-212a-9. These procedures promote safe practices for students and staff. Please read them carefully.

1. An authorized prescriber’s (physician, dentist, advanced practice registered nurse, physician assistant or optometrist, or for athletic events only, a podiatrist) written order must be obtained from the parent for each medication that must be administered daily or an as-needed basis.

2. A new order is required each year and if so prescribed, may be effective from July 1st through June 30th of the given year. A medical order dated July 1 of a year will cover summer programs and the upcoming school year.

3. The authorized prescriber must fill in the information requested on the form for prescription and over-the-counter medications:
   a. Name of medication, also the generic name of the medication, and strength of the medication;
   b. Indication(s) for the administration of this medication in school (condition, diagnosis);
   c. Amount (dosage) of the medication to be administered and route of administration;
   d. Potential side effects of the medication;
   e. Time of day that the medication is to be administered; and frequency for PRN (as-needed);
   f. Duration of the order for administration of the medication (up to 12 months from July through June 30th of the same school year);
   g. If applicable, authorization for self-administration in school of emergency medication (cartridge injectors or rescue asthma inhalers) for chronic medical conditions or medically-diagnosed allergies.

4. A parent or guardian must sign the “Parent/Guardian Authorization” portion of the form and, if applicable, provide authorization for self-administration in school.

5. The medication must be packaged in the ORIGINAL PHARMACY CONTAINER, clearly labeled, with the student’s name, the authorized prescriber’s name, and the prescription information.

6. The medication and completed authorization form must be delivered to the school nurse by a responsible adult, except that, once the nurse has reviewed the medical order and developed a plan for self-administration, the student is responsible to carry the medication to/from school each day and maintain its safe control at all times.

7. Self administration plans approved for the school day also extend to extra curricular activities and athletics.

8. Self administration of controlled medication is not permitted.

9. No more than a three (3) month supply may be stored at school. Unused medication must be destroyed if not picked up by a responsible adult by the end of the last day of school.

Parent or Guardian may come to school and administer the medication themselves. Thanks you for your cooperation. Please contact the school nurse if you have any questions.