



## HEALTH & WELLNESS CENTER



## QuadMed Health & Wellness Centers

QuadMed Health & Wellness Centers offer the same primary and acute care services you'd find at large health care clinics in the community, though appointments are no cost and exclusively for you.

### SERVICES

- Physicals such as preventive, school, sports and well-child exams
- Tdap and flu vaccinations
- Lab testing including orders from outside providers
- Minor procedures such as removals of skin tags, moles and warts
- Comprehensive well-woman exams
- Treatment for illnesses and injuries such as sore throats, ear/eye infections, headaches, minor burns, coughs, cuts and bruises
- DOT physicals
- Weight and blood pressure checks
- Care for chronic conditions such as diabetes, high blood pressure, asthma and thyroid problems

### HEALTH & WELLNESS CENTER LOCATION AND HOURS

Location	Address	Hours
Peru	19 Park Drive Peru IN 46970	MON: 12:00 p.m.-7:00 p.m. TUE: 6:00 a.m.-1:00 p.m. WED: 12:00 p.m.-7:00 p.m. THUR: 6:00 a.m.-2:00 p.m.

### ELIGIBLE PATIENTS

The health centers are open to all North Central employees, spouses and dependents on the employer health plan.

### TO SCHEDULE AN APPOINTMENT

Visit [secure.myquadmedical.com](https://secure.myquadmedical.com) or call 888.417.1001