





Meet the healthier YOU in 2019!

Highmark and Westmoreland County Public School Health Care Consortium are offering you a personalized health and wellness platform that empowers you with information that can help you stay healthy and meet your wellness goals. Read on to learn more about the enhanced features you'll receive with Sharecare as a Highmark member. Register starting on 01/01/2019 and access your personalized experience by performing the simple steps below.

Get started:

-  Visit [Mycare.Sharecare.com](https://mycare.sharecare.com)
-  Sign in or sign up!

Already have an existing Sharecare account? Sign in with your existing Sharecare username and password, then be sure to complete the “get started” steps below to unlock your personalized experience.

New to Sharecare? Follow the prompts to set up a new account. Unlock your personalized experience by entering your information exactly as it appears on your Highmark member ID card.

Learn more:



Join 45 million others and discover your RealAge (it only takes minutes).



Monitor your sleep, stress levels, fitness and more — in real time.



Track your health habits and get personalized recommendations to lower your RealAge.

Access your profile:



Download the App or go online. Sharecare gives you a personalized health profile, tips for reaching your goals and a dashboard that shows you when you're in the green with your goals.







