



AT HOME HEALTH SCREENING TOOL FOR STUDENTS

Parents/Guardians: Please review this screening tool **before** school **every morning** for each of your school-aged children. Keep this tool for your reference only, **do not** send it to school.

Has your child...

- Been **diagnosed** with COVID-19?
- Had **close contact*** (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19?
- Has any health department or health care provider been in contact with you and **advised you to quarantine?**

YES ⇒ STAY HOME. The child can return to school 14 days after the last time he or she had close contact with someone with COVID-19. They must complete the full 14 days of quarantine even if they test negative. **Parents/guardians should report a positive diagnosis to the school's nurse or principal.**

NO ⇒ The child can be at school if the child is not experiencing symptoms.

****What counts as close contact?***

- *Your child was within 6 feet of someone who has COVID-19 for at least 15 minutes*
- *Someone in your home is sick with COVID-19*
- *Your child had direct physical contact with the sick person (touched, hugged, or kissed them)*
- *Your child shared eating or drinking utensils with the sick person*
- *The sick person sneezed, coughed, or somehow got respiratory droplets on your child.*

Before school each morning, take your child's temperature and check symptoms. If your child has any of these symptoms, they should **stay home**, stay away from other people, and you should call the child's health care provider.

- Fever or chills
- New Cough
- Shortness of breath/difficulty breathing
- Fatigue
- New loss of taste or smell
- Sore throat
- Muscle or body aches
- Congestion or runny nose
- Headache
- Nausea or vomiting
- Diarrhea

Your child may **return to school** when the parent/guardian can answer **YES** to **ALL three** questions:

- Has it been at least 10 days since the child first had symptoms?
- Has it been at least 24 hours since the child had a fever (without using fever reducing medicine)?
- Has it been at least 24 hours since the child's symptoms have improved, including cough and shortness of breath?