

## Schedules of Classes

Ms. Augello

### Grade 7

Day 1-4 9:34-10:20

### Grade 8

Day 1-4 10:34-11:17

### Grade 6

Day 1-4 12:09-12:54

### Grade 5

Day 3  
12:59-1:44

### Grade 6

Ms. Fechtig  
Day 2  
12:08-12:56  
Grades 6, 7, 8

Mrs. Rooney  
Day 4  
12:59-1:44

### Grade 1

Mrs. Berg  
Day 1 2:37-3:22

Ms. Delucia  
Day 2 2:37-3:22  
Mrs. Wilhem  
Day 3 2:37-3:22  
Mrs. Bauer  
Day 4 2:37-3:22

### Grade 3

Mrs. Axelrod  
Day 1 2:37-3:22  
Ms. Amico  
Day 2 2:37-3:22  
Mrs. Silva  
Day 3 2:37-3:22  
Mrs. Benedetto  
Day 4 2:37-3:22

# Island Park UFSD

Health Education Program

April 2019

Francis X. Hegarty Elementary School  
Lincoln Orens Middle School

### Health News Digital Literacy

#### **Are your devices spying on you?**

#### Snap Map

- ◆ Snap Map is a feature on Snapchat which allows contacts and advertisers to track your location.
- ◆ If you enable this feature; purposely or by accident, anyone in your network, including snapchat advertisers, can locate you, which includes when you arrive home and which part of the

house you are in. Any random person you add can now cyberstalk you.

- ◆ Turning on geolocation for your friends may cause increased anxiety. Why? Because you may see your friends hanging out without you.

#### Malware

- ◆ Malware is software which is designed to hack your computer. Hackers use malware to watch you through your camera.
- ◆ Solution? Cover your laptop camera with a sticker, just in case.

Source: Scholastic/Choices

### Grade 1

This month, the students will learn about basic pedestrian safety. The students will learn to develop self-management skills that will help to keep them safe.



### Lesson Objectives

- Identify pedestrian safety rules that can help them safely cross the street.
- Use self-management skills to practice pedestrian safety rules.
- Understand traffic signs.

## Grade 2

Students will learn to recognize potential hazards, to understand and follow safety rules, and to make safe decisions in risky situations. This lesson gives students the opportunity to practice decision-making skills by analyzing risks.



## Lesson Objectives

- Recognize the importance of avoiding injury to yourself and others.
- Identify safety rules that can prevent injury.
- Apply decision-making steps to avoid injury.
- Practice making safe decisions.



## Grade 6

### Unit—Too Good For Drugs

Students will understand the dangers of marijuana on the growing body. They will understand how marijuana affects the brain, lungs, reproductive organs and personality. They will learn how long marijuana stays in the body and the risk to those body parts.



## Lesson Objectives

Students will:

- Understand the dangers of marijuana on the teenage body.
- Describe consequences of marijuana use.
- Demonstrate how to use decision-making skills to make healthful decisions about marijuana use in a role-play situation.
- Understand the effects of marijuana on behavior.



First Aid

## Grade 7

### Unit—Injury Prevention

The seventh graders will learn about emergency situations. They will learn first-aid for choking, allergic reaction, CPR, bleeding, and burns.

#### Lesson Objectives

- Students will learn how to recognize emergency situations.
- Students will demonstrate how to perform CPR and first aid for infant and adult choking.
- Students will demonstrate the correct use of the epi-pen trainers.

## Grade 8

### Unit—Communicable Diseases

The eighth grade students will learn the myths and facts about sexually transmitted diseases. They will learn the causes, symptoms and treatments, and ways to practice abstinence and responsible behavior.

#### Lesson Objectives

- Students will identify common signs and symptoms of HIV and STDs.
- Students will learn the consequences of untreated HIV and STD infections.
- Student will understand that abstinence is the most effective prevention strategy.