



# Island Park Union Free School District

Lincoln Orens **Pre K**  
Lunch Menu September 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		6-Sep	7-Sep	8-Sep
		<b>Hamburger on a Bun</b> Sweet Potato Tots Diced Carrots Fresh Fruit- Honeydew <b>(S)</b>	<b>Cheese Pizza</b> Tossed Green Salad Apple Juice <b>( S W M )</b>	<b>Chicken Tenders</b> Sweet Potato Fries Cut Green Beans Fresh Fruit -Bananas <b>(S,W)</b>
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
<b>Homemade Beef Taco w/WG Tostitos</b> Shredded Lettuce Diced Tomato and Cheddar Cheese Fresh Fruit - Honeydew <b>(S ,W)</b>	<b>Popcorn Chicken</b> French Fries Cut Green Beans Fresh Fruit- Watermelon <b>(S,W)</b>	<b>Homemade Macaroni &amp; Cheese</b> Broccoli Florets Fresh Fruit- Cantaloupe <b>(M,W)</b>	<b>Cheese Pizza</b> Tossed Spinach Salad Grape Juice <b>( S W M )</b>	<b>Meatballs w/ Brown Sauce</b> Dutch Noodles Yellow Corn Fresh Fruit -Apples <b>(E,W,S)</b>
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
<b>Chicken Nuggets</b> White Rice Broccoli Florets Fresh Fruit-Bananas <b>(S,W)</b>	<b>Cheese Quesadilla</b> Sliced Carrots Fresh Fruit - Honeydew <b>(S,M,W)</b>	<b>Brunch for Lunch</b> <b>Mini Waffles</b> Sausage Links Potato Rounds Apple Sauce <b>(S,W,E)</b>	<b>School Closed</b> <b>Rosh Hashanah</b> 	
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
<b>Popcorn Chicken</b> Sweet Potato Tots Sliced Carrots Fresh Fruit- Cantaloupe <b>(S,W)</b>	<b>Meatballs w/ Tomato Sauce</b> BowTie Pasta Kernal Corn Fresh Fruit - Watermelon <b>(E,W,S)</b>	<b>Homemade Macaroni &amp; Cheese</b> Broccoli Florets Fresh Fruit - Honeydew <b>(M,W)</b>	<b>Cheese Pizza</b> Tossed Green Salad Apple Juice <b>( S W M )</b>	<b>Hamburger on a Bun</b> Potato Tots Broccoli Florets Fresh Fruit -Apples <b>(S)</b>
<b>All Meals Served with Organic Whole Milk and 100% Pure Orange Juice for Breakfast</b>				
<b>Pre K Breakfast</b>				
Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Juice Milk	Pancakes Sausage Juice, Milk	Cereal Juice Milk	French Toast Sausage Juice, Milk	Mini Bagel Cup of Fruit Juice, Milk
<b>Snacks Will be Offered Daily</b>				
Graham Scooby Bones Rice Krispy Treats	Cheddar Goldfish Chocolate Chip Cookie	Black and White Cookie Plain Raisins	Fresh Fruit Coco Swirls	Graham Bug Bites Bachman Pretzel Twists
Menu key references for specific <b>Allergens</b> :M-milk SF-seafood P-peanut E-egg T-treenut S-soybean F-fish W-wheat				
<i>Menu subject to change without notice</i>		<i>This institution is an equal opportunity provider and employer</i>		