



**Anna C Scott  
School  
May 2018  
Lunch Menu**

**NUTRITION NEWS:** May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

**All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice**

Student Lunch	\$2.85
Reduced Lunch	\$0.40
Adult Lunch	\$3.35

Maschio's Swap Outs Available Daily

- Turkey & Cheese Sandwich
- Crispy Chicken Salad
- Ham & Cheese Sandwich
- Salami & Cheese Sandwich
- Peanut Butter & Jelly Sandwich Meal
- Fruit & Yogurt Parfait Meal
- Bagel with Yogurt Bag Meal
- Fruit & Cheese Platter with Pita

Available Friday: Tuna Sandwich

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**Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Hamburger or Cheeseburger on a Bun</b> Confetti Fries Fresh or Chilled Fruit  <b>National Hamburger Month</b>	<b>2</b> <b>Breakfast for Lunch</b> <b>Waffles with Strawberry Compote</b> Breakfast Sausages Tater Tots Fresh or Chilled Fruit	<b>3</b> <b>Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa</b> Steamed Rice Corn Fresh or Chilled Fruit <i>Warm Cinnamon Churro</i>	<b>4</b> <b>Lightsaber Pizza Sticks with Marinara Sauce</b> Chewbacca Cucumber Coins Fresh or Chilled Fruit  <b>School Lunch Hero Day</b>
<b>7</b> <b>Chicken Nuggets</b> Dinner Roll Vegetable Medley Fresh or Chilled Fruit	<b>8</b> <b>Pasta Primavera with Garden Vegetables</b> Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	<b>9</b> <b>Meatball Parm Sub</b> Peas and Carrots Fresh or Chilled Fruit	<b>10</b> <b>Teriyaki Chicken with Rice</b> Steamed Broccoli Fresh or Chilled Fruit	<b>11</b> <b>Stuffed Crust Cheese Pizza</b> Freshly Prepared Cucumber and Tomato Salad Fresh or Chilled Fruit
<b>14</b> <b>Meatless Monday Grilled Cheese Sandwich</b> Freshly Prepared Country Slaw Fresh or Chilled Fruit	<b>15</b> <b>Mini Corn Dog Nuggets</b> Tater Tots Vegetable Medley Fresh or Chilled Fruit	<b>16</b> <b>Chicken Sticks with Waffle Sticks</b> Maple Cinnamon Sweet Potato Tots Fresh or Chilled Fruit	<b>17</b> <b>Cheese Quesadilla with Salsa</b> Southwestern Corn Fresh or Chilled Fruit <b>National Salsa Month</b>	<b>18</b> <b>Personal Pan Pizza</b> Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit
<b>Vegetarian Awareness Week</b>				
<b>21</b> <b>Crispy Chicken BLT Sandwich</b> Potato Wedges Fresh or Chilled Fruit	<b>22</b> <b>Hot Dog on a Bun</b> Vegetable Pasta Salad BBQ Baked Beans Fresh or Chilled Fruit <b>National BBQ Month</b>	<b>23</b> <b>Creamy Mac &amp; Cheese</b> Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	<b>24</b> <b>Breakfast for Lunch Pancakes</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<b>25</b> <b>Bella's Pizza New York Style</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
<b>28</b> <b>Memorial Day</b>  <b>School Closed</b>	<b>29</b> <b>Fajita Chicken Scoop A Bowl with Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa</b> Steamed Rice Southwestern Corn Fresh or Chilled Fruit	<b>30</b> <b>Chicken Parm with Pasta</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit	<b>31</b> <b>Mac &amp; Cheese</b> Soft Pretzel Stick Fresh or Chilled Fruit	

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 973-598-0005

Lunch Tickets are available in the cafeteria:  
10 for 28.50/ 20 for \$57.00

**Please Make Checks Payable To:  
Leonia Board of Education**

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"