Leonia Middle School
December 2017
Lunch Menu

Student Lunch **$2.85** Reduced Lunch **$0.40** Adult Lunch **$3.35**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Fast & Fresh

NY Style or Personal Pan Pizza with a Variety of Toppings

***NEW:* * Salad Bar with Choice of Lean Protein, Whole Grain Roll, and Assorted Fresh Vegetables Daily ***

Great Grillers

- **Hamburger or Cheeseburger on a Bun**
- **Crispy *or* Grilled Chicken Sandwich**
- **Philly Cheesesteak Sandwich**
- **NEW: *Grilled Chicken Wraps**

Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings Soup and sandwich

Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: **(973)598-0005**

The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY HOLIDAYS				1 **The MAC Burger on a Bun** **with Thousand Island Dressing, American Cheese, Pickle Slices, and Lettuce** Fresh Veggie Dippers Fresh or Chilled Fruit
4 **Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy** Dinner Roll Fresh Apple	5 **Taco Tuesday** **Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa** Steamed Rice Corn Fresh or Chilled Fruit	6 **Pasta Alfredo with Garden Vegetables** Warm Breadstick Sautéed Broccoli Fresh or Chilled Fruit	7 **Grilled Ham & Cheese Sandwich** Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	8 **New Recipe! Sweet Chili Beef and Noodle Bowl with Green Beans** Fresh or Chilled Fruit
11 **Crispy Chicken BLT on a Croissant** Emoji Fries Fresh or Chilled Fruit	12 **Asian Chicken Wrap** Asian Slaw Fresh or Chilled Fruit	13 **Buffalo Chicken Mac & Cheese** Soft Pretzel Stick Fresh Celery Dippers Fresh or Chilled Fruit	14 **Philly Cheesesteak Hero with Peppers, Onions, and Mushrooms** Tater Tots Fresh or Chilled Fruit	15 **Chicken & Cheese Quesadilla** **with Salsa & Sour Cream** Spicy Black Bean Salad Fresh or Chilled Fruit
18 **Plain or Buffalo Chicken Tender Basket with Tater Tots and Breadstick** Fresh or Chilled Fruit	19 **Pretzel Dog** Potato Wedges Fresh or Chilled Fruit	20 **Holiday Meal** **Cheese Lasagna Rollup with Marinara Sauce** Broccoli Italiano Fresh or Chilled Fruit *Holiday Pretzel*	21 **First Day of Winter** **California Cheeseburger on a Bun** Seasoned Potato Wedges Fresh or Chilled Fruit	22 **Half Day** **Assorted Pizza Day** Vegetable Medley Fresh or Chilled Fruit
25	26	27	28	29

Enjoy your Winter Break & Have a Happy New Year!

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payforit.net:** 10 for $28.50 / 20 for $57.00
Please Make Checks Payable To:
Leonia Board of Education

Maschio's Food Services, Inc.
"This institution is an equal opportunity provider"