

# Leonia Middle School

April 2018  
Lunch Menu

# The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

Student Lunch \$2.85    Reduced Lunch \$0.40    Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

## Fast & Fresh

NY Style or Personal Pan Pizza with a Variety of Toppings  
**NEW: \* Salad Bar with Choice of Lean Protein, Whole Grain Roll, and Assorted Fresh Vegetables Daily \***

## Great Grillers

- ◆ Hamburger or Cheeseburger on a Bun
- ◆ Crispy or Grilled Chicken Sandwich
- ◆ Philly Cheesesteak Sandwich
- ◆ **NEW: \*Grilled Chicken Wraps**

## Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings  
Soup and sandwich

## Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers  
Featured Daily

2 <b>General Tso's Chicken and Rice</b> Steamed Peas Fresh or Chilled Fruit	3 <b>Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, &amp; Salsa</b> Rice Steamed Corn Fresh or Chilled Fruit	4 <b>Corn Dog Nuggets</b> Baked Beans Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit	5 <b>Grilled Cheese Sandwich</b> Tomato Soup Freshly Prepared Garden Salad Fresh or Chilled Fruit	6 <b>Mini Cheese Pizza Bagels</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
9 <b>Firecracker Chicken Sandwich with Boom Boom Sauce</b> Vegetable Medley Fresh or Chilled Fruit	10 <b>Breakfast for Lunch Waffles</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	11 <b>Buffalo Chicken or Creamy Mac &amp; Cheese</b> Soft Pretzel Stick Green Beans Fresh or Chilled Fruit	12 <b>Rodeo Burger on a Bun with BBQ Sauce &amp; Onion Rings</b> Potato Wedges Fresh or Chilled Fruit	13 <b>Personal Pan Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
16	17	18	19	20
<h1>Spring Recess! School Closed</h1>				
23 <b>Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy</b> Dinner Roll Fresh or Chilled Fruit	24 <b>Philly Cheesesteak Hero with Peppers &amp; Onions</b> Oven Baked Fries Fresh or Chilled Fruit	25 <b>Pasta with Meatballs</b> Warm Garlic Breadstick Freshly Prepared Italian House Salad Fresh or Chilled Fruit	26 <b>National Pretzel Day Ham &amp; Cheese Melt on a Pretzel Bun</b> Emoji Fries Fresh or Chilled Fruit	27 <b>Pizza Crunchers with Marinara Sauce</b> Freshly Prepared Garden Salad Fresh or Chilled Fruit
30 <b>Sweet &amp; Sour Popcorn Chicken with Rice</b> Steamed Broccoli Fresh or Chilled Fruit				

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: **(973)598-0005**

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payforit.net**: 10 for \$28.50 / 20 for \$57.00  
**Please Make Checks Payable To:**  
**Leonia Board of Education**

Maschio's  
Food Services, Inc.  
"This institution is an equal opportunity provider"